Learn how modernizing OLG can benefit you. Visit ModernOLG.ca

TORONTO metro®

JUSTICE IS NOT COLOUR BLIND, TRAYVON'S FRIENDS AND FAMILY ARGUE
OBAMA URGES AMERICANS TO RESPECT ZIMMERMAN VERDICT PAGE 6

Could shooting victim have been saved?

Of all the questions about Joshua Yasay's death on Danzig St. last year, this one haunts family the most PAGE 3

It's a long road ahead in bikes vs. cars debate

Toronto lags behind other cycling- and pedestrian-friendly cities — so what are we doing about it? PAGE 4

The spy who drugged me

Canada's spy agency warns travelling government officials of a sexual "honey trap" by an attractive stranger PAGE 9

NEWS WORTH SHARING.

Latest subway idea: Make it above ground

'Surface subway.'
Rail advocates float a new transit option

As council prepares for yet another debate this week about subways versus light rail in Scarborough, a group of Ontario rail advocates is pushing a third option.

Transport Action Ontario envisions a souped-up, electrified "surface subway" network. Among the benefits would be a one-seat ride all the way from Morningside Heights and Malvern directly into Union Station for Scarborough commuters.

The group says its proposed $24.8-billion Regional Rapid Rail system — based on the GO network — would be Toronto's answer to the London Overground or the S-Bahn in Berlin.

Its recommendations are outlined in a 400-page report called "GTHA Regional Rapid Rail: A Vision for the Future," being released Monday.

The study, two years in the making, advocates electrifying the GO system faster and further than Metrolinx plans and, furnishing all the lines with electric multiple units — trains in which the coaches incorporate electric traction motors.

The Transport Action proposal adds 56 stations to the regional transit network; six additional stations on an eighth rail line running through Scarborough to Markham and new underground platforms at Union Station.

TORSTAR NEWS SERVICE

Quoted

"What we are advocating is a more extensive and quicker conversion (to electrified rail), due to the relatively low capital costs, high passenger capacity, significant operating cost savings, high benefits and strong public appeal."

Peter Miasek, Transport Action president, adding the 'surface subway' concept is common in Europe.

HONDA INDY TWO-TIMER

Scott Dixon celebrates after winning the Honda Indy race on Sunday at Exhibition Place. He swept both races at the weekend doubleheader. Story, page 21. MICHELLE SIU/THE CANADIAN PRESS

FREEDOM LOOKS GOOD ON YOU.
Begin a new journey this summer without glasses or contacts.
Book a free consultation at 1-877-316-9888 or lasikmd.com
LASIK MD VISION
Starting at $490 per eye*

*Prices are subject to change without prior notice and vary based on prescription strength. Applicable on a procedure for both eyes only. Other conditions may apply.

Coming together matters to you.

And you matter to us.

Thanks for sharing the moments that matter to you at the final Toronto Rush home game.

Congrats to our winners!

#matters2me
telus.com/matters2me

TELUS
the future is friendly®

Still searching for answers

Danzig Street shooting. Family of Joshua Yasay remains haunted by mysteries surrounding death of 23-year-old last year

When it came time to order Joshua Yasay's tombstone, his family didn't even know what date to inscribe on it. The shooting had started just before 10:40 p.m. on July 16 and lasted several minutes. Did Joshua die within the hour, or after midnight the next day?

The Yasay family didn't have an answer, so they chose the 16th. That was, after all, the last time they saw him.

But of the many outstanding questions about Joshua Yasay's death, one haunts his family the most: Could he have been saved?

It's been a year now since the 23-year-old was caught in the middle of a gunfight that erupted during a community barbecue at a townhouse complex on Danzig Street. He and Shyanne Charles, 14, were innocent victims of what police say was a feud between two rival gangs that also left 23 others wounded — the worst mass shooting in Toronto's history.

As the Yasay family has struggled to come to terms with their loss, the mysteries surrounding Joshua's death have tormented them. They say officials haven't told them anything about how he died; the family only knows what they've learned from news reports.

"There are so many things, so many questions we still don't have answers to," says Jennilyn Yasay, 31, eldest of Joshua's two sisters.

Three weeks ago, on a warm day in June, Jennilyn took her mother and stepfather to Danzig Street. The family went in search for answers, and to see the place where Joshua died. They were hoping to find a woman who in a Toronto Star report last year described being pulled away from Joshua by police as she tried to perform CPR.

Leasha Daniels, 24, said she found him lying on his side that night, a bullet wound in his back. She and a neighbour's son carried Joshua — a stranger to them — to a minivan. They were on their way to hospital in the chaotic aftermath of the shooting when police stopped the vehicle. Daniels told Torstar News Service an officer interrupted her attempts to revive Joshua. When protesting got her nowhere, she said she ran away.

Jennilyn has tried to find Daniels, to thank her and seek further information, but hasn't been able to reach her. The woman's phone number is disconnected and no one has been able to tell Jennilyn how to find her.

Toronto police said they could not comment on the specifics of Daniels' allegations.

TORSTAR NEWS SERVICE

Promising future cut short

Joshua Yasay had a promising future ahead of him, having recently graduated from York University with an honours degree in criminology. He volunteered as a youth basketball coach in Malvern. He had just bought a brand new car and opened a barbershop in Ajax with friends. He was working in downtown Toronto as a security guard and wanted to be a police officer. On his arm, Joshua had a tattoo of the Mahatma Gandhi quote: "Live as if you were to die tomorrow. Learn as if you were to live forever."

Danzig shooting victim Joshua Yasay with older sisters Jennilyn Yasay, left, and Janelle Yasay, on his graduation day.
FAMILY HANDOUT

Weather's looking up

Klae King bounces a volleyball around at Woodbine Beach on a hot and hazy Sunday. The forecast calls for more of the same, with increasing heat and humidity for the rest of the week.
TORSTAR NEWS SERVICE

Frightened tenants plead for cameras

Every time Elizabeth Bluett steps out the door of her Toronto Community Housing apartment, she fears she'll be attacked.

"I've been worried about what's going on here, wondering if I'm the next person who's going to get shot or stabbed," said the 52-year-old resident of 220 Oak St. in the Regent Park area. Located in a secluded cul-de-sac off River St., the highrise has seen a streak of shootings and murders over the years. "My health has worsened because of it."

Bluett is one of 200 tenants who recently signed a petition urging the TCHC to install security cameras in every hallway of the building. But the city-owned social housing provider has rejected the request, citing costs and privacy concerns. Residents will ask the company's Building Standards and Neighbourhood Safety Committee to reconsider the decision when it meets this Friday.

Meanwhile, privately owned highrises adjacent to 220 Oak St. have cameras installed on every floor. 220 Oak tenants argue that by comparison, their building is more dangerous. Last April, a 28-year-old woman was stabbed to death in her unit. In February, a 45-year-old man was shot in the chest twice as he opened his apartment door. TORSTAR NEWS SERVICE

Get Out of Debt
Without Bankruptcy - Without Loans
CALL THE Licensed Debt Professionals™ FREE CONSULTATION 310-9200
(NO AREA CODE NEEDED)

DAVID SKLAR & ASSOCIATES INC.
Licensed Credit Counsellors · Licensed Proposal Administrators · Trustee in Bankruptcy
www.DavidSklar.com
David Sklar
C.A., CIRP, Trustee

Pulling some strings to help blind kids

Volunteers pull a 60-tonne Boeing 757 FedEx cargo plane at Pearson airport on a sweltering Sunday in the fifth-annual ORBIS Pull for Sight. The event raised about $53,000 for the charity, which, for more than 30 years — with the financial and logistical support of FedEx — has waged a battle against childhood blindness in developing nations from Albania to Zambia. MARC ELLISON/TORSTAR NEWS SERVICE

Commuter turf war rages on

Cycling-motoring divide. Pace of making Toronto bike- and pedestrian-friendly is glacially slow

Mayor Rob Ford may have declared the war on the car over, but the street fight may just be starting.

Ask cyclist Vincent McMillen, who says he's been "nicked" by cars twice in the past week alone. "I was riding through an intersection, and this driver misjudged their timing as they pulled out onto the street as I passed," he says. "They hit my back wheel, and I spun out and scraped up my leg on the road."

McMillen's tale captures the frustration and fear felt by both cyclists and pedestrians. "Drivers think we're making their lives more difficult," he says. "We have to share the road — they just have to deal with that."

He fears people may be killed before things improve. Other observers say change is underway but will take time.

Last week, the city's board of health met to discuss a series of recommendations put forward in a report by Toronto's chief health officer, Dr. David McKeown.

They included: A request to the city's directors of transportation and planning for future collaboration on the safety of Toronto's cycling infrastructure; a review of the "Watch for Bikes" bylaw; the development of a bike safety course as part of the provincial elementary- and high-school curriculum; the inclusion of information in the Ontario Driver's Handbook on how to share the road safely with cyclists; and a request to Toronto Police to start monitoring "dooring" collisions and conducting monthly towing blitzes along bicycle lanes.

Dr. Monica Campbell, one of the report's authors and a director of public health with the city, is hopeful that McMillen's grim prediction will be wrong.

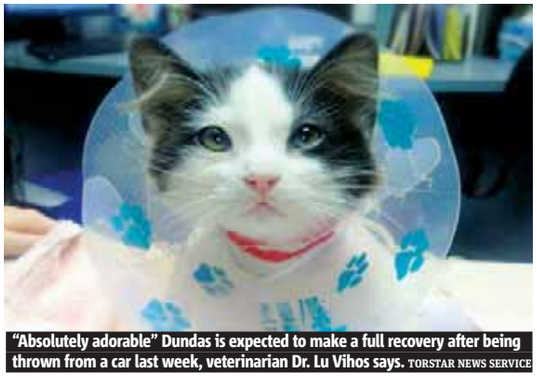
"The safety of cycling has actually improved over the last decade," she says. "The number of people in Toronto who reported cycling as their means of commuting increased by 20 per cent, and the rate of fatalities has actually come down."

But she warns that any infrastructure changes won't happen overnight.

TORSTAR NEWS SERVICE

Injury prone

- A 2013 Ryerson University study reported that North American cyclists are eight to 30 times more likely to be seriously injured while cycling than their European counterparts.
- Professor Anne Harris says the research team wanted to find out why there was this discrepancy. They interviewed 690 cyclists injured in Toronto and Vancouver between May 2008 and November 2009 and found 211 were injured at intersections and 479 along roads or paths.



"Absolutely adorable" Dundas is expected to make a full recovery after being thrown from a car last week, veterinarian Dr. Lu Vihos says. TORSTAR NEWS SERVICE

Kitten thrown from car 'purring all the time'

Dozens of people have called the Downtown Animal Hospital about Dundas, the diminutive black-and-white kitten who was reportedly thrown out of a moving car.

There's been a flood of phone calls with well wishes for the 10-week-old kitten who is getting a new lease on life, said Dr. Lu Vihos.

Vihos said the hospital has started a list of potential adoptees and there are up to 50 people vying to be the lucky family that gets to take him home.

"He's worth it. He's just absolutely adorable," Vihos said.

Dundas is on a recovery diet for animals that are malnourished. He is eating well and gaining some weight. Vihos expects the kitten to make a full recovery sometime in the next two weeks.

The incident happened on Wednesday afternoon at a busy downtown intersection, Dundas Street and University Avenue.

The kitten received an emergency amputation on his fractured back leg after being brought into Downtown Animal Hospital.

TORSTAR NEWS SERVICE

Prognosis is good

"We're weaning him off pain medication and taking him off the IV. His mobility is improving dramatically, he's stronger and becoming more playful and just purring all the time."

Dr. Lu Vihos

Ontario corporation

MPPs would back audit of Tarion

MPPs from all parties say they would support a legislative motion asking the auditor general to open the books at Tarion, the corporation created by the province to protect new homebuyers.

The pledges from Liberal, Progressive Conservative and NDP members is at odds with the stance taken by the minister responsible for overseeing Tarion, Tracy MacCharles, who said she will not ask for a review of Tarion because she believes there is little consumer dissatisfaction with the corporation.

But Liberal MPP Donna Cansfield said she would defy a minister of her government and support a motion calling for a value-for-money audit of Tarion.

"I think we've got a problem," she said, referring to the fact that Tarion's online builder profiles merely list whether deficiencies were found in a new home — not what the actual deficiencies were. TORSTAR NEWS SERVICE

Call for witnesses

Cyclist dies after hit-and-run

A cyclist sent to hospital after a hit-and-run Sunday in Georgina has died, York Regional Police say. The incident happened at about 4:45 a.m. near Pollock and Kennedy roads. Evidence suggests the victim, a 20-year old man, was hit by a dark silver or dark grey Nissan or Infinity, police said. They are asking the driver and witnesses to come forward. TORSTAR NEWS SERVICE

Toronto Poutine Fest

We all scream for poutine

Fries, cheese and gravy already get the individual attention they deserve in food culture, so it's high time to fete the delicious results of their sublime combination.

Toronto Poutine Fest promises to pay proper homage to the almighty poutine.

"The fact that Toronto hasn't had a poutine festival yet is insane. It's embarrassing," said Melissa Chien, co-founder, along with two others, of Joylister, the fledgling events company throwing the event.

Organizers are expecting more than 400 lovers of salt and fat to converge on The Beer Academy, at 75 Victoria St., from 5 to 10 p.m. on Thursday, Aug. 22, to partake in an all-you-can-eat poutine-palooza.

For $35, you get all of the poutine you can eat — vendors will be filling sample bowls all night long — three cups of craft beer and a vote to crown the Poutine King of Toronto. TORSTAR NEWS SERVICE

Food to make the heart beat faster: Chips, gravy and cheese curds. RICK MADONIK/TORSTAR NEWS SERVICE

ROGERS™
authorized dealer

AJAX
Baywood Centre
15 Westney Rd. N
AURORA
15483 Yonge St., Unit 2B
14785 Yonge St.
14879 Yonge St.
91 First Commerce Dr., Unit 5
BOLTON
12612 Hwy. 50, Unit 15
BRAMPTON
30 Victoria Cres.
4520 Ebenezer Rd., Unit 6
253 Queen St. E, Unit 3
105 Kennedy Rd. S
499 Raylawson Blvd.
14 Lisa St., Unit C1
499 Main St. S., Unit 58
1088 McLaughlin Rd.
9980 Airport Rd., Unit 11
25 Peel Centre Dr., Unit 505A
25 Peel Centre Dr., Unit 742K
10025 Hurontario St., Unit 118
BROOKLIN
5969 Baldwin St. S, Unit 7
COBOURG
975 Elgin St. W, Unit 8
ETOBICOKE
22 Dixon Rd.
6620 Finch Ave. W, Unit 4
25 The West Mall, Unit 1963
3015 Bloor St. W
1735 Kipling Ave.
250 The East Mall, Kiosk #316
500 Rexdale Blvd., Unit H3B
1530 Albion Rd.
GEORGETOWN
Georgetown Market Place
MAPLE
2943 Major Mackenzie Dr., Unit 4
MARKHAM
3636 Steeles Ave. E, Unit 101
9570 McCowan Rd., Unit 4
505 Hood Rd., Unit 12
7780 Woodbine Ave., Unit 3
4300 Steeles Ave. E, Unit E32
4300 Steeles Ave. E, Unit E67
8901 Woodbine Ave., Suite 218
3255 Hwy. 7 E, Unit E98
9275 Hwy. 48, Unit 11
5000 Hwy. 7 E, Unit 412
7690 Markham Rd., Unit 1C
MISSISSAUGA
Meadowvale Town Centre
Square One
Dixie Outlet Mall
153 Lakeshore Rd. E
6325 Dixie Rd., Unit 1
3105 Dundas St. W, Unit 102
7955 Financial Dr., Unit B
808 Britannia Rd. W, Unit 2
25 Watline Ave., Unit 10
7205 Goreway Dr.
1100 Burnhamthorpe Rd.
3021 Argentia Rd.
789 Taunton Rd. E
1053 Simcoe St. N, Unit 4B
2150 Burnhamthorpe Rd. W
60 Bristol Rd. E
920 Southdown Rd., BLD H, Unit 7
5100 Erin Mills Parkway, Unit V205
4141 Dixie Rd.
1250 Eglinton Ave. W, Unit A16
NEWMARKET
16715 Yonge St.
1065 Davis Dr.
18075 Yonge St.
17600 Yonge St., Unit EE22
NORTH YORK
Sheridan Mall
1700 Wilson Ave., Unit 72
1905 Avenue Rd.
4367 Steeles Ave. W
149C Ravel Rd.
Fairview Mall
4905 Yonge St.
5815 Yonge St.
3111 Dufferin St.
3040 Don Mills Rd., Unit 17B
Leslie Center
OAKVILLE
1027 Speers Rd., Unit 22
478 Dundas St. W, Unit 7
1500 Upper Middle Rd., Unit 2
240 Leighland Ave.
OSHAWA
Taunton Harmony Plaza
1053 Simcoe St. N, Unit 4B
285 Taunton Rd., Unit 20
419 King St. W, Unit 2272
PICKERING
Pickering Power Centre
Pickering Town Centre
611 Kingston Rd.
RICHMOND HILL
9196 Yonge St.
1480 Major Mackenzie Dr. E
10 West Pearce St., Bldg. B
Hillcrest Mall
9350 Yonge St.
10720 Yonge St.
Times Square Mall
1070 Major Mackenzie Rd. E
SCARBOROUGH
Woodside Square
1571 Sandhurst Circle, Unit 502K
5095 Sheppard Ave. E
1800 Sheppard Ave. E
Cedarbrae Mall
1900 Eglinton Ave. E
3300 McNicoll Ave.
1291 Kennedy Rd.
2555 Victoria Park Ave.
411 Kennedy Rd.
3495 Lawrence Ave.
1448 Lawrence Ave. E
5661 Steeles Ave. E, Unit 5
19 Milliken Blvd., Unit U
2490 Gerrard St. E
38 Ellesmere Rd.
300 Borough Dr., Unit 49
THORNHILL
31 Disera Dr., Unit 140
Promenade Mall
Shops on Steeles
6236 Yonge St.
9200 Bathurst St., Unit 26
TORONTO
421 Dundas St. W, Unit GB
282 Queen's Quay W
1015 Lakeshore Blvd. E
1821 Queen St. E
275 College St.
604 Bloor St. W
1348 St. Clair Ave. W
1461 Dundas St. W
2 St. Clair Ave. E
272 Danforth Ave.
471 Eglinton Ave. W
662 King St. W, Unit 2
939 Eglinton Ave. E, Unit 106
154 University Ave., Unit 101
2200 Yonge St., Unit 104
2397 Yonge St.
9A Yorkville Ave.
East York Town Centre
2400 Bloor St. W
919 Bay St.
525 University Ave.
45 Overlea Blvd.
Oriental Centre Mall
1448 Lawrence Ave. E
10 Clock Tower Rd., Unit B1A
1118 Finch Ave. W, Unit 1
6236 Yonge St.
3850 Sheppard Ave.
280 Spadina Ave.
4438 Sheppard Ave. W, Unit 151
900 Dufferin St., Kiosk 4010
1000 Gerrard St. E, Unit K2
618 Sheppard Ave. W
6758 Kingston Rd., Unit 12
730 Danforth Ave.
333 Bloor St. E
2120 Queen St. E
8 Wellesley St. E
1965-1971 Yonge St., Unit A
120 Front St. E
660 Eglinton Ave., Unit 104
3151 Yonge St.
808 York Mills Rd., Unit 15-17
2400 Eglinton Ave. W
2900 Warden Ave.
130 King St. W., Unit CW15
3401 Dufferin St., Unit 108
1 Yorkdale Rd., Unit 180
1 Dundas St. W, Unit 2010
220 Yonge St., Unit H014
112-10 Dundas St. E
2901 Bayview Ave., Unit 128A
329 Parliament St.
200 Bay St., Unit UC – 132B
2248 Bloor St. W
330 Bay St.
4980 Yonge St.
1080 Yonge St.
1 Blue Jays Way, Suite 1200
UXBRIDGE
11 Brock St. W
WHITBY
25 Thickson Rd. N
5969 Baldwin St. S
1549 Dundas St. E
3490 North Brock St.
WOODBRIDGE
200 Whitmore Rd.

HURRY! OFFER ENDS JULY 31st

Vacation Checklist:

- ☑ 1 NEW SAMSUNG SMARTPHONE
- ☑ 1 WEEK OF FREE U.S. ROAMING INTERNET
  up to 350 MB

SWITCH TO ANY NEW SAMSUNG SMARTPHONE AND GET UP TO A WEEK OF FREE U.S. ROAMING INTERNET*

UP TO 350 MB ON SELECT 2 or 3-YR. PLANS

CALL 1 888 ROGERS1 CLICK rogers.com/RoamingOffer VISIT your local Rogers retail store

ROGERS™

ROGERS™ authorized dealer · WIRELESSWAVE · WIRELESS etc... · MOBILE · FUTURE SHOP · Tbooth wireless · BEST BUY · CELLULAPOINT · THE MOBILE SHOP · BATTERIES N' gadgets

*Available to new or existing Rogers customers with purchase of a Samsung device and new activation on any 2- or 3-yr. Talk, Text & Internet plan between July 5-31/13. Rates/offer not transferable, not redeemable for cash and may not be combined with any other offer. Subject to change without notice. Roaming Internet available for use while in the US (including Puerto Rico and US Virgin Islands). Roaming internet must be activated within 60 days of it being added to customer's account (activated with first byte of usage and continues for 7 consecutive days or use of 350 MB whichever is sooner). If usage exceeds 350 MB within the 7-day period, additional pay-per-use charges will apply; visit rogers.com/roaming for rates. Usage subject to Rogers Terms of Service and Acceptable Use Policy. ©2013 Rogers Communications

Protesters angered by the acquittal held largely peaceful demonstrations in three California cities, but broke windows and started small fires in Oakland. ANDA CHU, BAY AREA NEWS GROUP/THE ASSOCIATED PRESS

Verdict brings no resolution to killing of Trayvon Martin

Not guilty. Trouble may be far from over for Zimmerman as civil suit, rights case loom

U.S. President Barack Obama urged Americans to respect the decision of jurors on Sunday following the acquittal of George Zimmerman in the death of unarmed teenager Trayvon Martin, a case that has bitterly divided the country since the boy was gunned down more than a year ago.

"I know this case has elicited strong passions," Obama said in a statement, in which he referred to the slaying of the black 17-year-old as a "tragedy."

"But we are a nation of laws, and a jury has spoken. I now ask every American to respect the call for calm reflection from two parents who lost their young son."

Zimmerman's legal problems, however, seemed far from over a day after a jury of six Florida women cleared him of manslaughter and second-degree murder charges — a verdict that stunned civil-rights groups and spurred largely peaceful protests in the streets in several U.S. cities.

The Justice Department said in a statement on Sunday that it's investigating Martin's death to determine whether federal prosecutors should file criminal civil-rights charges now that Zimmerman's been acquitted. The department launched a probe a year ago but stepped aside to allow Florida's prosecution to proceed.

Martin's parents are also considering a wrongful death civil suit against Zimmerman. Sixteen years ago, O.J. Simpson was ordered to pay $25 million to Nicole Brown Simpson's family, despite his infamous acquittal in criminal court.

The verdict, many argued this weekend, proves the criminal-justice system is still inherently biased against black people, given that Martin, the unarmed victim, was successfully portrayed as the aggressor in the case.

THE CANADIAN PRESS

2012 killing

Martin was walking to his father's house in Sanford, Fla., when he was shot by Zimmerman, a neighbourhood watch volunteer.

- Zimmerman claimed he shot in self-defence.
- Many saw overt racism in Zimmerman's focus on a black boy in a hoodie in a gated community.

Reaction

U.S. recoils and rages

From New York to California, outrage poured from street demonstrations and church pulpits on Sunday as hundreds of protesters took to the streets.

In Manhattan, congregants at Middle Collegiate Church were encouraged to wear hoodies in memory of Trayvon Martin.

The Rev. Jacqueline Lewis, wearing a pink hoodie, urged peace and told her congregation that Martin Luther King Jr. "would have wanted us to conduct ourselves on the highest plane of dignity."

Chicagoan Maya Miller, 73, said the case reminded her of the 1955 slaying of Emmitt Till, a 14-year-old who was murdered by a group of white men. Till's killing galvanized the civil-rights movement.

Miller said she feels as if "nothing has changed in 58 years."

The NAACP called for the opening of a civil-rights case against Zimmerman in an online petition addressed to Attorney General Eric Holder.

Civil-rights leaders, including the Revs. Jesse Jackson and Al Sharpton, urged peace in the wake of the verdict. Jackson said the legal system "failed justice," but violence isn't the answer.

Not everyone heeded those calls.

In Oakland, Calif., some angry demonstrators broke windows, burned U.S. flags and started street fires. Some marchers also vandalized a police squad car and used spray paint to scrawl anti-police graffiti on roads and a courthouse.

THE ASSOCIATED PRESS

cool down with... sizzle
Celebrate Summer With Us
Enjoy an urban lounge with music, free samples* and more
Wed July 17 Meet tennis star Milos Raonic, ask him questions, have your photo taken & hit a few balls in the mini-court
Thur July 18 Equinox Fitness conducts fitness demos
Fri July 19 You're invited to our 40th birthday disco party
Full details at commercecourt.ca | 11am to 2pm, SE corner of King & Bay
Schedule subject to change.
*While quantities last.
40th Anniversary
commerce court
Rich in tradition, focused on the future.
EQUINOX

FINAL 5 WEEKS

THE JOURNEY IN TORONTO ENDS AUG 18

MOVING TO LAS VEGAS IN SEPTEMBER

ANDREW LLOYD WEBBER'S NEW PRODUCTION

THE WIZARD OF OZ

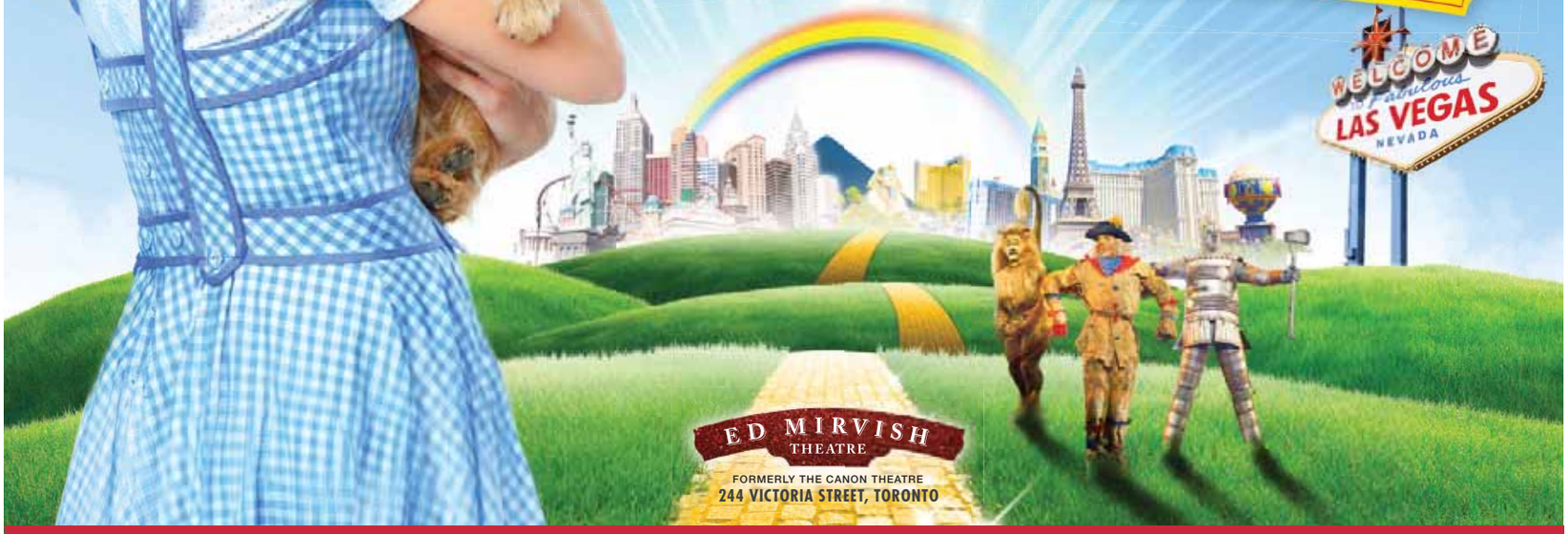
WHAT HAPPENS IN OZ, STAYS IN OZ

BEST SEATS!
ONLY $69 TOP-PRICED TICKET (REGULARLY UP TO $130)
USE PROMO CODE: FINALMETRO

TREAT THE FAMILY!
ONLY $199 FOUR-PACK OF TICKETS (MINIMUM PURCHASE OF 4 TICKETS)
USE PROMO CODE: FINALMETRO4

HOTEL/DINNER/THEATRE PACKAGE
ONLY $179 PER PERSON, BASED ON DOUBLE OCCUPANCY
ORDER BY PHONE ONLY

- TOP-PRICED TICKET TO THE WIZARD OF OZ
- ONE NIGHT STAY AT THE SHERATON CENTRE TORONTO OR WESTIN HARBOUR CASTLE
- THREE COURSE MEAL AT A SELECTION OF DOWNTOWN RESTAURANTS



ED MIRVISH THEATRE
FORMERLY THE CANON THEATRE
244 VICTORIA STREET, TORONTO

BOOK OZ IN TORONTO NOW!

416-872-1212 • 1-800-461-3333 • MIRVISH.COM

TERMS AND CONDITIONS: Offers valid until August 4, 2013. Offers not valid on previously purchased tickets and cannot be combined with any other offer. Seating is subject to availability and is not valid on premium prices. FAMILY 4-PACK: Tickets limited to certain sections of the theatre. Not valid on top-priced tickets. A minimum of four tickets must be purchased. $69 TICKETS: Valid on top-two price levels only and seating restrictions may apply. Ticket price includes $3.25 CIF and 13% HST. HOTEL PACKAGE: Package price valid for performances from July 2, 2013. PACKAGE THEATRE TICKET: Package includes one top-priced ticket to THE WIZARD OF OZ. Ticket price includes $3.25 CIF and 13% HST. RESTAURANT: Package includes a 3-course meal at the hotel restaurant or a participating restaurant of your choice (please see www.mirvish.com/packages listing for current offerings). Customer must make restaurant reservations. Meal does not include beverages or gratuities. Menus may change without notice. HOTEL: Package prices are based on double occupancy. Accommodation subject to availability. Hotel package must be booked a minimum of two business days in advance. Package price includes one-night accommodation only. Parking not included. All other hotel expenses are the responsibility of the guest. Two children (under 18 years of age) may stay in a double occupancy room free, theatre tickets and meals for them are extra. Packages include all applicable taxes. Service charges apply. NO REFUNDS, CANCELLATIONS OR EXCHANGES.

Lac-Mégantic priest tries to comfort town

Train derailment. As the official death toll climbed to 35 Sunday residents in small community struggled to come to terms with loss

The parish priest in a Quebec town gripped by tragedy said Sunday that he struggled to find the words to comfort his flock.

Steve Lemay said he and his colleagues have tried to bring some solace to Lac-Mégantic in the week since a horrific train derailment killed an estimated 50 people and razed the town centre.

But he said some residents haven't even begun to grieve and it's far too soon to speak of recovery. With many questions about the crash still unanswered, the loss hasn't fully sunk in, he told reporters outside the Ste-Agnes Church.

"We're far from acceptance," he said, adding many families haven't been able to say goodbye to the loved ones whose lives were cut short.

"Normally, when we lose someone we love, we can see them, we can make contact.

"We don't have that here."

Two more bodies were pulled from the rubble Sunday, bringing the official death toll to 35. Fifteen people remained missing, more than a week after the disaster.

Authorities demolished two buildings because they were said to be unstable and posed a threat to crews working there.

A heat wave has added another complication to crews sifting through the wreckage.

Quebec provincial police Lt. Michel Brunet said three firefighters suffered minor injuries Sunday as temperatures hovered around 30 C.

It's even hotter on site, Brunet said.

"For the workers, they have to wear heavy equipment and masks and they sometimes need to go into (areas) that can be 40 or 50 degrees," he said in an interview. THE CANADIAN PRESS

Fighting despair

"Our faith doesn't remove our suffering, but it ensures despair won't have the last word."

Steve Lemay, parish priest at Ste-Agnes Church in Lac-Mégantic, Que.

Nelson Mandela may be heading home

Well-wisher Colin Mgodeli prays fervently in front of the wall of get-well messages and flowers left outside the entrance to the Mediclinic Heart Hospital where former South African president Nelson Mandela was being treated in Pretoria, South Africa, Sunday. Mandela may be discharged from hospital soon to recuperate at home, said a former president of South Africa. The prediction about Mandela leaving the hospital was made by Thabo Mbeki as he gave a lecture for the African National Congress Saturday, reported a South African radio news service. BEN CURTIS/THE ASSOCIATED PRESS

Airstrike. Israel's PM vows to prevent Hezbollah from getting 'dangerous weapons'

Israel's prime minister insisted Sunday that he will not allow "dangerous weapons" to reach Lebanon's Hezbollah militants, following reports that Israel recently carried out an airstrike in northern Syria against a shipment of advanced missiles.

The airstrike in Latakia reportedly targeted Russian Yakhont anti-ship missiles, one of the types of advanced weapons that Israeli officials have previously said they would not allow to reach Syria. It would be the fourth known airstrike against Syria this year.

Asked about the reports on the CBS-TV show Face the Nation, Prime Minister Benjamin Netanyahu refused to confirm or deny Israeli involvement in the latest airstrike.

"My policy is to prevent the transfer of dangerous weapons to Hezbollah ... in Lebanon and other terror groups as well. And we stand by that policy," he said. THE ASSOCIATED PRESS

Final bull run. Woman, 23, in 'very grave' condition after being gored by massive bull

A bull gored an Australian woman and left her seriously injured during the final bull run of this year's annual San Fermin festival in Spain on Sunday. Four other runners were hospitalized with cuts and bruises.

The 23-year-old woman, identified only as J.E., was gored in the back and suffered multiple rib fractures and damage to her right lung that left her in "very grave" condition after an operation at Navarra Hospital, said the regional government that organizes the festival Sunday.

The Australian was struck by a massive Miura bull as she clung to wooden barriers outside the bullring entrance, said regional health authority spokesman Javier Sesma.

It is very rare for women to be gored during the annual festival since most of the runners are men. THE ASSOCIATED PRESS

Florida has everything except you.
Visit Orlando for less.

One-way fare from Toronto to Orlando:

from **$232.24*** CAD **Total price**

Book by July 23, 2013 (11:59 p.m. MT) for travel on Tuesdays, Wednesdays and Thursdays until August 28, 2013.*

Book your flights today at **westjet.com** or call your travel agent.
For baggage fees and optional charges visit **westjet.com/fees**.

WESTJET

*Book by July 23, 2013 (11:59 p.m. MT) for travel on Tuesdays, Wednesdays and Thursdays until August 28, 2013. Fares on other days may be higher. Advertised price is based on non-stop flights. Advertised fares only apply to flights marketed and operated wholly by WestJet, and are not applicable when travelling with our code share, interline or other airline partners. Fuel surcharge between $22 - $45 per direction still applies to Air Miles™ redemption bookings. Seats at these fares are limited and may not be available on all flights. New bookings only. Non-refundable. Advance purchase required. Flights may not operate on certain days. All fares shown are one-way. **Air transportation charges:** Base Fare: $139, Other Air Transportation Charges $7.50. **Taxes, fees and charges:** Goods and Services Tax $7.93, Harmonized Sales Tax $3.25, Air Travellers Security Charge $12.10, Airport Improvement Fee $25, Transportation Tax $18.56, Immigration User Fee $7.56, APHIS User Fee $5.40, Customs User Fee $5.94.

CSIS is warning travelling officials of dangers abroad

Security. The spy agency cautions that in some countries the threat of kidnapping is significant

Canada's spy agency has quietly warned travelling government officials they might be drugged, kidnapped or blackmailed after being enticed into a sexual "honey trap" by an attractive stranger.

Foreign intelligence services see federal employees — and the proprietary information they carry — as prized targets, and precautions must be taken to prevent the pilfering of secret files, says the Canadian Security Intelligence Service.

The threat has prompted CSIS to prepare a special guide advising Canadian officials to be wary of saying too much around taxi drivers, letting a laptop computer out of their sight, or even stashing confidential material in a hotel safe.

A copy of the 2012 CSIS publication, "Far From Home: A Travel Security Guide for Government Officials," was obtained by The Canadian Press under the Access to Information Act.

Espionage is at a level equal to that seen during the Cold War, and Canada is a leader in technology, energy and other economic sectors, Dick Fadden, then head of CSIS, says in a foreword to the guide.

"We also have prized political connections owing to our close relationship with the United States and to our membership in important international bodies," writes Fadden, who recently became deputy defence minister.

THE CANADIAN PRESS

What to expect

- Among the CSIS advice to officials: Conceal baggage tags, assume luggage will be searched in transit, and know that in many countries you will be subject to physical surveillance. Searches may entail copying of documents, including those on a laptop or smartphone.

William gets parenting tips?

Prince William, Duke of Cambridge, speaks to a young girl and her dad at the Jerudong Trophy at Cirencester Park Polo Club on Sunday in Cirencester, England. Many in the British press have predicted that the first child of the prince and his wife Kate Middleton was expected to arrive on Sunday. Bookmaker William Hill says most people are betting money on a royal birth Sunday, Monday or Tuesday.

CHRIS JACKSON/GETTY IMAGES

Ace of Diamonds. 600 in N.Y. set record for big human playing card

Six-hundred people dressed in coloured ponchos have aced their attempt to set a record for the largest human playing card in Verona, N.Y.

The Oneida Indians say the record was set Saturday by 600 guests at the tribe's Turning Stone Resort Casino Event Center in central New York.

The 600 guests wore either a white or a red rain poncho and were told where to stand to form a human version of the ace of diamonds. Once in position, they had to remain in place for five minutes.

A Guinness World Records official was at Turning Stone to verify the record.

THE ASSOCIATED PRESS

On the web

For more news, go to metronews.ca

YORKDALE DUFFERIN MAZDA
WE DO IT BETTER, WE DO IT FOR YOU!
POST FLOOD SALE!
We will pay top dollar for flood affected trade-ins...
YORKDALE DUFFERIN MAZDA BEST SUMMER SALES EVENT
2013 MAZDA3 AVAILABLE WITH SKYACTIV TECHNOLOGY
0% PURCHASE FINANCING† FOR UP TO 84 MONTHS
+ UP TO $1,000 SIGNING BONUS†
OFFER ENDS JULY 31ST
INCLUDES $750 REBATE
2013 MAZDA CX-9 GS
FINANCE FROM $191 BI-WEEKLY @ 2.99% FOR 84 MONTHS WITH $3,995 DOWN. ALL IN FROM $35,349.
INCLUDES $5000 REBATE
2013 MAZDA MX-5 GX
CASH PURCHASE ALL IN PRICE FROM $25,999. EXCLUDES HST
GUINNESS WORLD RECORDS
"THE WORLD'S BEST SELLING TWO-SEATER SPORTS CAR."
ZOOM-ZOOM
GET UP TO $1,000 DEALER SIGNING BONUS + UP TO $1,000 LOYALTY + UP TO $1,000 GRAD REBATE
WITH THE PURCHASE OF SELECT NEW MAZDA VEHICLES!
www.YorkdaleDufferinMazda.ca
416-789-4521
2451 DUFFERIN STREET
DISCLAIMER: OFFER'S AVAILABLE ON NEW RETAIL FINANCING FOR ALL 2013 MAZDA 3 FOR 84 MONTH FINANCE 0%. SIGNING BONUS OF $500 AVAILABLE FOR 2013 MAZDA 3 SEDAN & SPORT HATCHACK AND $1,000 FOR 2013 MAZDA SPEED3. OFFER SHOWN FOR 2013 MAZDA CX-9 GS 2WD IS MODEL CODE (QVSB83 AA00). FINANCING FOR 2013 MAZDA CX-9 GS 2WD FOR 84 MONTH FINANCE 2.99% WITH $3,995 DOWN. THE TOTAL OBLIGATION IS $38,757. EXCLUDES HST. COST OF BORROWING IS $3,777.00. SIGNING BONUS OF $750 INCLUDED. OFFER FOR 2013 MAZDA MX-5 GX IS MODEL CODE (L2XS53 AA00) AND INCLUDES A CASH PURCHASE REBATE AND SIGNING BONUS OF $4,000 PLUS $1,000 TOTALING $5,000. UP TO $1,000 LOYALTY AND GRAD REBATE. DETAILS AVAILABLE ON OUR WEBSITE. OFFERS EXCLUDE HST, LICENSING, PPSA $76.61(BANK FEE) AND INSURANCE EXTRA. OFFERS AVAILABLE O.A.C. OFFERS VALID UNTIL JULY 31ST 2013. OFFERS MAY CHANGE WITHOUT NOTICE. VISIT YORKDALEDUFFERINMAZDA.CA OR CALL 416-789-4521.

Alberta's new flood-recovery funding regime faces criticism

No easy fixes.
Plans to avert future disaster provide little consolation for victims

JEREMY NOLAIS
Metro in Calgary

Plans by the Alberta government to ban development in mapped floodways and no longer fund recovery efforts for those continuing to live there were met with sharp criticism from those still recovering from a disaster unlike any previously seen in the province.

Officials took the veil off new rules for funding and development during a technical briefing Sunday morning, a little more than three weeks after rivers surged to levels not seen in a lifetime, displacing tens of thousands of southern Albertans and leading to billions of dollars in damages.

Some homes in the town of High River remain underwater even now.

Going forward, all municipalities will be prohibited from approving new developments in known floodways and residents opting to continue residing in those areas will no longer receive disaster recovery funding for damage caused in future floods, Municipal Affairs Minister Doug Griffiths announced.

As well, any homes located in Alberta's "flood fringe" areas will be required to undertake mitigation efforts — raising a home using piers or columns, erecting berms or flood walls, and water-sealing a residence were examples provided — if they wish to receive recovery funding going forward.

"For Albertans who have endured this disaster and face an uncertain future, I want you all to know one thing: Our government is here for you," Griffiths said, adding compensation for those choosing to move out of a floodway will be determined on a "case-by-case" basis.

Calgary Mayor Naheed Nenshi said there are questions about the accuracy of provincial flood mapping, which will provide the only guideline on which homes reside in the floodway and flood fringe.

"I don't have much of a philosophical problem with what they're saying," Nenshi said, before adding, "I am surprised the province would announce such sweeping changes in the absence of any consultation whatsoever with affected municipalities."

WITH FILES FROM DARREN KRAUSE

Sarah and David Carlson believe their soon-to-be finished home in Calgary's Roxboro area is flood-proof, but because half of their land is in a mapped floodway, it's possible they will not receive any recovery funding in future disasters. JEREMY NOLAIS/METRO

Grey area

The province will be supplementing some of the funding for mitigation efforts, but for many in the flood zones the new policy added to what some described as already being the worst three weeks of their lives.

- David and Sarah Carlson were busy constructing a $3-4 million home in the southwest community of Roxboro when the floodwaters surged.
- But their property is divided in two on the provincial mapping — half is in a floodway and half in a flood fringe — and the pair questioned what that would mean for them.

Eastway Credit
NEED A CAR LOAN BUT HAVE CREDIT PROBLEMS?
BANKRUPTCY | NO CREDIT | BANK TURN DOWNS | NO DOWN PAYMENT
APPROVED! CONTACT NORTON TODAY!
Call 416.670.5012 or email nortong@eastwaychrysler.ca
Apply Online noproblemcarloans.ca

OAC
2851 Eglinton Ave. E. Scarborough | eastwaychrysler.ca | 416.264.2501 | noproblemcarloans.ca

We are looking for volunteers!

Lambda Therapeutic Research Inc specializes in conducting clinical research trials.
We are looking for healthy non-smoking individuals to participate in upcoming studies.
Participants are compensated for their time.
Compensation may range from $ 750 to $3500 depending on study duration.
Refer a friend and you may receive $100!
Please contact for more information :
Mon-Fri: 9am-7pm & Sat: 10am-3pm: Call 416-752-3333 / Toll Free: 1-866-207-3333
All other times: Toll Free: 1-888-240-8245
www.lambdacanada-cro.com www.todaysresearch.com
Location: 460 Comstock Road, Toronto, M1L 4S4

'It was pretty severe.'
Manitoba village bears brunt of possible tornado

The reeve of Pipestone, Man., is relieved no one was seriously injured after what Environment Canada says was likely a tornado tore through the rural municipality Saturday night.

"It ripped the roofs off buildings, flipped a mobile (home), took a part of the hall and part of the rink — so it was pretty severe," Ross Tycoles told Metro Sunday morning from his home in Reston. "It was bad enough here, but Pipestone is the one that really got it."

Tycoles said the fast-moving storm — which dropped hail as big as golf balls in the area as it moved into the southwest corner of Manitoba along Highway 2 from Saskatchewan around 6 p.m. — levelled a number of trees and knocked out power for the more than 200 people in the Village of Pipestone.

"Hydro is going to be an issue, there was lots of downed power lines," explained Tycoles, who said power remained down in Pipestone Sunday morning. "They shut the power off in town until they can reassess (the damage) to be safe."

The storm couldn't have come at a worse time for the RM of Pipestone, which declared a state of emergency in late June after heavy rains brought more than six inches of water in about six hours to Reston.

SHANE GIBSON/METRO IN WINNIPEG

A trailer lies on its side after an unconfirmed tornado touched down in the regional municipality of Pipestone, Man., Saturday. @SNIPE_ALL_DAY/TWITTER

Elliot Lake collapse

Owner of mall to testify at inquiry

The inquiry into why a northern Ontario mall collapsed last summer killing two women and injuring dozens of others enters its final phase Monday, with the first of two key witnesses taking the stand.

Slated to testify over the next two weeks about their roles in the tragedy are Levon Nazarian and his father Bob Nazarian, who owned the ill-fated Algo Centre Mall for its final seven years.

THE CANADIAN PRESS

Cabinet

Harper set to shuffle the bench

Prime Minister Stephen Harper is poised to shuffle his front bench, setting in place the team that will carry the Conservative government into the 2015 election.

Ray Novak, Harper's chief of staff, began phoning ministers and cabinet newcomers with their new assignments on Saturday night, with appointments set to be announced Monday. THE CANADIAN PRESS

J.K. Rowling revealed as 'new' crime novelist

Chamber of secrets.
Critics called mystery novel with a pen name a 'scintillating debut'

An ex-military man tries his hand at writing, publishes a debut detective novel, and wins critical acclaim. But here's the twist in the tale: The true identity of the author is none other than Harry Potter creator J.K. Rowling.

It's impressive literary wizardry by Rowling, who said she relished the freedom of writing The Cuckoo's Calling under her pseudonym, Robert Galbraith.

"I hoped to keep this secret a little longer," she said in a statement. "It has been wonderful to publish without hype or expectation, and pure pleasure to get feedback from publishers and readers under a different name."

The Cuckoo's Calling, a story about a war veteran turned private investigator who is called in to probe the mysterious death of a model, was published to rave reviews in April.

The Sunday Times said it was investigating "how a first-time author with a background in the army and the civilian security industry could write such an assured debut novel" when it connected the dots. The paper said clues included the fact that Rowling and Galbraith shared the same agent and editor and that the style and subject resembled Rowling's work. THE ASSOCIATED PRESS

Cross-writing

"Being Robert Galbraith has been such a liberating experience."
J.K. Rowling

New bones about it

Cody Van Megen's dog Moose examines one of many large bones found along the banks of the Bow River, heavily eroded by recent flooding, in Calgary on Friday. While Van Megen was bracing for devastation, he didn't expect to find a set of gigantic rib bones sticking out of the riverbank. Van Megen got in touch with Francois Therrien, a paleontologist at the Royal Tyrrell Museum in Drumheller, Alta. Therrien told him the bones were unlikely to be from a dinosaur, but the discovery could be significant — potentially signalling an early bison fossil — and a team will examine it in August. LARRY MACDOUGAL/THE CANADIAN PRESS

Flight 214

Asiana payout to depend on nationality

When the courts have to figure compensation for people aboard Flight 214, the potential payouts will probably be vastly different for Americans and passengers from other countries, even if they were seated side by side as the Asiana jetliner crash-landed.

An international treaty governs compensation to passengers harmed by international air travel. The pact is likely to close U.S. courts to many foreigners and force them to pursue their claims in Asia and elsewhere, where lawsuits are rarer, harder to win and offer smaller payouts.

The flight that broke apart July 6 at the San Francisco airport killed three girls from China and injured 182 people, most not seriously. THE ASSOCIATED PRESS

Cyber security

Private sector vulnerable: Records

Gaps in the cyber security efforts of Canadian corporations could be leaving them open to sophisticated attacks by hackers, records show.

"There are an increasing number of new software vulnerabilities that can be exploited to gain access to companies' networks," reads a July 2012 memo obtained under the Access to Information Act.

"The scale of the problem is significant. The cost of maintaining a highly secure network is high for each company, and they may not be willing to make that investment."

The smooth operation of critical infrastructure assets is integral to the country's economic, political and social well-being, according to an auditor general report from last fall. THE CANADIAN PRESS

HUDSON'S BAY

HUDSON'S BAY WELCOMES
JUSTIN TIMBERLAKE
and TRACE AYALA
as they debut the Fall 2013
William Rast Collection

WILLIAM RAST
founded by Justin Timberlake & Trace Ayala

Tuesday, July 16
Hudson's Bay, Queen Street
Main Floor
4 PM

Enter to win one of eight pairs of tickets to Justin Timberlake's concert at The Rogers Centre on July 17. Tweet a question about the brand to @thehudsonsbayco, #WilliamRastinTO.

You must be present for the drawing at the July 16 in store event to win. No purchase necessary. Must be Ontario resident, age of majority. Entry deadline 4:45 PM ET July 16, 2013. Limit one entry/prize per person. Concert ticket prizes do not include transportation, parking, or any other expenses. Contest sponsor: Hudson's Bay Company. See complete Official Rules at www.b-insider.com/2013/william-rast. Space is limited, there is no line or autograph signing at the event.

WATERFRONT T.O. CAN HOLD WATER

URBAN COMPASS

Matt Elliott
toronto@metronews.ca

The weekend before the storm hit, I spent an afternoon at Corktown Common, the city's newest and maybe best park tucked snugly next to the Don River on the east side of downtown. Waterfront Toronto — the tripartite government agency tasked with making the city's waterfront actually good — just opened the park a few weeks ago.

And so I lay on a grassy hill, overlooking the half-dozen cranes working to build an entirely new community next to the park.

And I thought: Hey, this is really nice.

Then, on Monday, I was out of town when the rain started to fall. And fall and fall and fall. We followed the news reports closely, very worried about the state of our basement. Our Corktown house stands only a few hundred metres from the Don Valley Parkway, which was very much underwater at the time.

But we returned home to find not a drop of water in our basement. Our house was dry.

And I thought again: Hey, this is really nice.

Those two stories might seem unconnected, but they're not. Because Waterfront Toronto's Corktown Common isn't just a great park — it's also a great piece of flood protection infrastructure for the east side of downtown. And, on Monday, it worked.

All that got me thinking that it's time we really started to give Waterfront Toronto some proper credit.

With Waterfront Toronto projects like Corktown Common, the rapidly developing Pan Am athletes' village in the West Don Lands and the developments surrounding Sherbourne Common and the always-busy Sugar Beach, the state of Toronto's waterfront is finally changing.

Yes, the pace is slow — but you could also describe it as deliberate. Instead of merely selling lakefront land to highest-bidder developers, Waterfront Toronto has spent the first 12 years of their mandate taking a considered approach to development.

The approach is paying off, according to a return on investment analysis published this past winter. With direct investment from municipal, provincial and federal governments of just $1.5 billion, Waterfront Toronto's work has attracted an estimated $2.6 billion in private development so far. That development, in turn, has generated increased government revenue to the tune of $838 million.

There's still more to be done. Governments have been too slow to provide funding for the infrastructure that will unlock further private investment on the water's edge. Long-promised transit lines haven't materialized and the flood protection project needed to really transform the port lands has yet to see a funding commitment. That should change. With spectacular parks, well-planned developments and careful design, Waterfront Toronto has proven itself a sound investment.

Slowly but surely, they're building the waterfront we deserve — and also, it turns out, keeping my basement dry.

Read more of Matt's blog, Ford for Toronto, at metronews.ca

ZOOM

Tidal wave is man-made

QUIRKY CHINA NEWS/REX FEATURES

Yellow Dragon roars again

Tourists watch as tidal waves of water are unleashed at 2,600 metres per second into the Xiaolangdi reservoir in Henan, China.

The spectacular process is part of anti-pollution efforts in the Yellow River, and officials claim it has removed tonnes of debris from the bed, improving the nation's water supply. METRO

Adapting to demand

- **Pollution.** In 2008, 40 per cent of water was unusable due to pollution, and 30 per cent of fish species were extinct.
- **Digital solution.** A new software system can flush vast quantities of water through polluted zones. It won environmental prizes and is now used across China.

The effect

390

The quantity, in millions of tonnes, of river-bed debris that has been cleared by this method over the past 13 years. The river now flows all the way to the sea, without stretches of desert. Millions depend on "Mother River." At 5,464 km, it's the second-longest river in Asia.

Pieces of the puzzle

"The key to bringing the river under control is to control its water and sand."

Chen Xiaojiang, director of the Yellow River Conservancy Commission of the Ministry of Water Resources

Since Vine became available on Android last month, the playing field for six-second, looped videos shot with your cellphone has essentially been levelled, which has, in turn, upped the quality of stop-motion and regular videos that create an optical illusion. These are the latest creators of some app-ealing vids that were also selected for the #WiredOpticalIllusion contest.

@savi10:
Guy Savioli has revolutionized the once-popular dancing-stick-man-on-a-notepad trick by turning it into an infinite falling stick man with the use of the looping software.

@lalo:
If you think it's impossible to turn a one-dollar bill into a two-dollar bill with one quick fold, then maybe you are the twit.

@YvesDas:
Based out of Belgium, this artist has perfected the stop-motion Vine video. Think Gumby, all growed up (and six seconds long).

@Pinotski:
Trust this man behind the lens for a nicely skewed version of reality. METRO

Letters

Today's weak labour market for youth is not only hurting young Canadians. It's also taking a financial toll on their middle-class parents.

There are still 200,000 fewer jobs for young Canadians than before the recession. According to TD Bank, young Canadians are not only losing out today, they also face lower wages for more than a decade as they try to catch up on missed work experience. A growing number of 20-somethings are now competing for unpaid internships in an attempt to get ahead.

While job prospects for young Canadians have deteriorated, the price of everything from tuition to rent and groceries has gone up. Yet student debt levels have remained relatively constant. So who is picking up the tab?

It's middle-class parents who are stepping in to financially support their adult children.

According to TD, more than half of baby-boom parents have continued to financially support their adult children, even after they leave school. Instead of listening to Canadians on this issue, the Harper Conservatives have cut the number of youth jobs in the Canada Summer Jobs Program by more than half, and frozen the skills training budget at 2008 levels without allowing for either inflation or population growth.

Scott Brison, Liberal finance critic

WE WANT TO HEAR FROM YOU:
Send us your comments: torontoletters@metronews.ca

metro

President and Publisher Bill McDonald • **Editor-in-Chief** Charlotte Empey • **National Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Toronto** Tarin Elbert • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Distribution Manager** Steve Malandro • **Vice-President, Sales and Business Development** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Finance** Phil Jameson • **METRO TORONTO** 625 Church St., 6th Floor Toronto ON M4Y 2G1 • **Telephone:** 416-486-4900 • **Fax:** 416-482-8097 • **Advertising:** 416-486-4900 ext. 316 • adinfotoronto@metronews.ca • **Distribution:** toronto_distribution@metronews.ca • **News tips:** toronto@metronews.ca • **Letters to the Editor:** torontoletters@metronews.ca

Philippines-trained dentist stumbles on sound advice

While most people don't find comfort in old magazines in their dentist's waiting room, that wasn't the case for Dr. Rosemarie Sia. The newcomer to Canada stumbled on sound financial advice while flipping through a periodical at the clinic where she volunteered.

"Even magazines on the coffee table have their purpose," laughs Rosemarie, a foreign trained orthodontist who knows every facet of a dental practice. In her case, she noticed an ad for the ***Scotiabank StartRight***® Program[1] and the phone number for Melinda Manlapaz, a fellow Filipino and Branch Manager at Toronto's Lawrence and Birchmount Branch.

Rosemarie's discovery was part of her improving luck, following mixed experiences since coming to Canada. She arrived one month earlier to realize that her job search would be harder than expected. She also saw how tasks like apartment hunting and banking aren't easy in an unfamiliar country.

"It was hard, but I was focused on making this change to give better opportunities to our children," recalls Rosemarie, who landed two months before her husband Artemio and their two teenagers. "Luckily I was prepared and I contacted old friends who helped a lot." In fact, a high school classmate referred her to the Scarborough dental clinic that provided her with Canadian work experience.

Finding Melinda Manlapaz from Scotiabank® was also a turning point, since Rosemarie had opened an account at another institution, but was unhappy with their indifferent service. "The other bank didn't explain anything properly. They just hand you the package and I could never reach them," notes Rosemarie. "In contrast, Melinda was very accommodating and she patiently answered our questions."

Rosemarie and Artemio were pleased with the ***Scotiabank StartRight*** package options, which includes a free day-to-day bank account for one year[2], a wide range of credit card options[3] and a number of other customized services and benefits.

They also promptly signed up for *Scotia*® Registered Education Savings Plans (RESP)** for their children, who would soon incur post-secondary expenses.

While Melinda advised the Sia family on many long-term goals, she also helped them obtain the financing for their own home faster than Rosemarie imagined: "Our mortgage was approved in less than a week, and we are moving barely a year after we got here."

A lot has transpired in 12 months, but the Sia family continues to aim for new goals. Artemio is also building their investment portfolio with a *Scotia*® advisor. Meanwhile, Rosemarie may retrain as an orthodontist after she completes her dental certification.

The ***Scotiabank StartRight*** Program helps open doors to a new start, with simple product solutions to get you started and more comprehensive solutions to help at each stage of your life in Canada.

"Whatever challenge a newcomer faces, from planning your move to choosing a bank, be sure to speak to the right people and shop around," concludes Rosemarie. She adds that good advice can come from unexpected sources, like a high school friend or the crumpled pages of a waiting room magazine.

THIS ADVERTORIAL IS PREPARED BY SCOTIABANK®.

Newcomers Artemio and Rosemarie Sia are enjoying their personal and professional lives in Canada with sound advice and support from Scotiabank.

"Renee helped open the door to our new start in Canada."

The ***Scotiabank StartRight***® Program[1], specially designed for newcomers, makes settling in Canada easier. Let one of our knowledgeable *Scotia*® advisors show you how.

Start Right Here. Find your nearest Scotiabank branch, visit scotiabank.com/startright or call 1-866-800-5159.

Scotiabank StartRight® PROGRAM FOR NEWCOMERS

BANKING • ESTABLISHING CREDIT • OWNING YOUR HOME • SAVING

1. The *Scotiabank StartRight* Program, created for Canadian Landed Immigrants from 0-3 years in Canada, International Students and Foreign Workers.
2. Offer available for one year when you open a new *Scotia One*™ account with Scotiabank. Free banking means that we will waive your Monthly Account Fee only. All other fees not covered by your banking package will continue to apply, including additional fees charged by other financial institutions and access fees to use non-Scotiabank banking machines (e.g. *Interac*††, VISA* or PLUS* fees). Cardholder service fees continue to apply for using the cross border debit service. Please see Day-to-Day Banking Companion Booklet for further details about these services and fees.
3. Subject to meeting Scotiabank's credit criteria and security requirements. An unsecured credit card may be available up to certain credit limits; a secured credit card requires security equal to 100% of approved credit limit for Foreign Workers and Permanent Residents and 120% of approved credit limit for International Students. Credit card security can be cash security, Canada Savings Bonds or Guaranteed Investment Certificate. In addition, to be eligible for a personal borrowing product, you must be a Canadian resident and have reached the age of majority.
** Some conditions apply. Speak with your Scotiabank advisor for more details.
™ Trademarks of The Bank of Nova Scotia.
® Registered trademarks of The Bank of Nova Scotia.
* VISA Int/Lic. user The Bank of Nova Scotia.
†† *Interac* Inc. owner of mark *Interac*. The Bank of Nova Scotia is an authorized user of the trademark.

® Registered trademarks of The Bank of Nova Scotia.
1. The *Scotiabank StartRight* Program, created for Canadian Landed Immigrants from 0–3 years in Canada, International Students and Foreign Workers.

Glee star Cory Monteith was found dead in a Vancouver hotel room on Saturday. THE CANADIAN PRESS

Remembering Monteith

United in grief. Celebrities, fans send out condolences to Glee actor's family, police won't speculate on cause of death

Tributes from celebrities and fans of the popular television series Glee were pouring in on social media Sunday as those who admire Canadian actor Cory Monteith learned of his sudden death.

The 31-year-old actor, who shot to fame as football player and singer Finn Hudson on the popular television series, was found dead at a downtown Vancouver hotel room on Saturday.

Police told reporters the cause of death still must be determined, but investigators do not believe foul play was involved.

Once news broke of Monteith's death, fellow celebrities and Glee cast members took to Twitter to express their condolences.

Dot-Marie Jones, who plays Coach Shannon Beiste, wrote, "I am blessed to have worked with him and love him so much. My heart is with his family and our whole Glee family. I love you all."

And Lauren Potter, who plays cheerleader Becky Jackson said, "I am totally heartbroken right now. I love Cory so much this hurts my heart. I hope my Glee family is OK right now. I love them all. Cory was always so nice to me. I have so many good memories."

Monteith's co-star and girlfriend Lea Michele, who plays Finn's girlfriend onscreen, has issued a brief statement, requesting privacy.

Fans from B.C., where Monteith grew up, also mourned the death of the local celebrity.

"When I first saw Glee, I was ecstatic for Cory. A local boy and a great guy. My thoughts to his family and friends. He will be remembered," wrote Vancouver actor Osric Chau.

The executive producers of Glee and Fox also issued a statement on Saturday night, saying, "We are deeply saddened by this tragic news. Cory was an exceptional talent and an even more exceptional person. He was a true joy to work with and we will all miss him tremendously. Our thoughts and prayers are with his family and loved ones."

Acting Vancouver Police Chief Doug LePard told reporters on Saturday that Monteith's body was found around noon after he failed to check out from his room as scheduled. LePard said the actor had been with some other people in the room the night before, but video and electronic records show that Monteith entered the room by himself on Saturday morning.

His death comes several months after he told People magazine that he had admitted himself into rehab for substance abuse, but police declined to speculate whether there was any connection.

Monteith, who has been open about having suffered from drug addiction when he was younger, was born in Calgary and raised in Victoria, where his mother still lives.

THE CANADIAN PRESS

Peripatetic Monteith

Before becoming an actor, Monteith worked as a Walmart people greeter in Nanaimo, B.C., as well as a taxicab driver, school bus driver and roofer. He had minor roles in other films before joining the cast of Glee, which debuted in 2009. He also was drummer for the California-based band Bonnie Dune, and was an avid supporter of the Project Limelight Society, a Vancouver charity that offers a theatre program to at-risk youth.

Locked up and nowhere to go

Orange is the New Black. New Netflix series about a socialite doing time puts a female spin on life as an inmate

The new Netflix series Orange is the New Black opens with the provocative image of two naked women in a shower, entwined in a passionate embrace. It's the kind of brazen kickoff obviously designed to grab attention, but star Taylor Schilling says the show's envelope-pushing nudity is different — this time the salacious scenes come from a resolutely female point-of-view.

"It doesn't to me feel like it's as sexualized as other scripts that I've read," Schilling said by phone from New York of the dramedy.

Schilling stars as privileged Brooklyn socialite Piper Chapman, who is slapped with a 15-month sentence at a U.S. federal penitentiary when authorities link her to a hard-as-nails female drug-runner she romanced — and ferried cash for — more than a decade earlier.

Schilling lauds an array of racially diverse actresses who fill out the cast and praises Kohan for offering a rare chance to see a variety of female characters on the small screen. Even the blond and seemingly delicate character Piper challenges convention, she said.

"It's a moment of divine intervention I think when you find a role that can really be a full-bodied woman, and actually I mean that in every sense of the word," said Schilling.

THE CANADIAN PRESS

Taylor Schilling stars in Orange is the New Black. GETTY IMAGES

Jim Bennett: Lucky to be alive and loving Get Lucky

Viral success. Bass player earns online popularity with Daft Punk cover months after beating very serious condition

Bass player Jim Bennett feels lucky to be alive and is now focusing on his music . CANADIAN PRESS

Even before his homemade Daft Punk cover soared to Internet prominence, Vancouver's Jim Bennett felt he was lucky indeed — just to be alive.

The 30-year-old had been diagnosed with necrotizing pancreatitis (the sudden inflammation of the pancreas) on New Year's Day, touching off a nightmarish few months that he spent confined to a hospital bed. Unbeknownst to him, Bennett had been assessed with a mere 10 per cent chance of survival. But he did survive. And while still immersed in the arduous process of recovery, he picked up his bass guitar and — on a whim — recorded a cover of Daft Punk's luminous summer smash Get Lucky.

Since uploading the tune to YouTube a couple weeks ago, more than 560,000 viewers have been drawn to the clip.

"I thought, 'I'll record this and have a good time' kind of thing. ... It was just for my own amusement and for fun," said the cheerful Bennett down the line from his B.C. home. "I had no idea it would blow up like this." Months ago, Bennett's priorities were certainly far different. On Dec. 31 of last year he and his girlfriend, Andrea Terpenkas, had plans to go to a friend's place but stayed home because Bennett wasn't feeling well. He only got worse overnight and a trip to the hospital and a round of X-rays ensued, along with that gloomy aforementioned diagnosis.

He was wheeled into the operating room as soon as possible, and he would stay in the hospital for almost three months. He would endure nine surgeries over that span, and by the time he was finally in recovery he would have to learn again how to walk and how to talk.

"It was the toughest two and a half months of our lives, but we made it through," he said.

Bennett, who was born in Calgary, grew up in Victoria and studied in Montreal before moving to Vancouver, had played in various funk, jazz and R&B outfits over the years, but had focused on other pursuits recently, including finding work as a web designer.

But his hospital stay shifted his perspective.

"I just kind of realized how important certain things are to me in life: friends and family and music," he said. "You can chase a career and try and make a decent living and buy a house, but you can't take money with you. I just really wanted to do something like music that I thought was really important to me."

Silver lining

"It's great to have something so positive in a year that started out so bad and so rough."

Jim Bennett
On his viral success online following a very serious illness scare.

He began playing bass with more frequency upon his release from hospital. Recording and editing his Get Lucky video took only a few hours, he said, and he plans on releasing more videos soon. He's also musing on recording an album of drum-and-bass Daft Punk covers next month, for which he's toying with the title Daft Bass.

Beyond the nearly 10,000 "likes" from YouTube viewers, he also received flattering feedback from Chic founding guitarist Nile Rodgers, who contributed Get Lucky's buoyant, silken guitar riff. After a fan sent him a link to the video, Rodgers tweeted the clip to his 76,000-plus followers with the comment: "This dude's a monster. He's chucking on the bass like Nard." (A reference to late Chic bassist Bernard Edwards).

Bennett hopes his newfound recognition translates into more opportunities in music. He's open to teaching bass locally or online through Skype, he'd love to secure session work or a touring gig and adds with a sheepish laugh: "If there's any bands out there that are looking for a bass player..."

He has a clean bill of health now but says he won't fully feel like himself until January, with some residual back pain and other aches to deal with in the meantime.

Even if further opportunities don't spring from his unlikely viral hit, Bennett says Get Lucky has done a lot for him. "It's just great to have something so positive in a year that started out so bad and so rough," he said.

THE CANADIAN PRESS

She's going from straight A's to getting her first F.
Brandy's List
The To Do List
IN THEATRES JULY 26th
You could
WIN
a pass for two to see a special advance screening for the historical summer comedy
The To Do List
VISIT clubmetro.com TO ENTER
eone
entertainmentone
No purchase necessary. Terms & conditions apply. For full contest details and conditions, visit clubmetro.co

Twitter

@IJasonAlexander
A young man was killed in Florida and no one is guilty of anything, except the victim. I don't think stand your ground was meant for this.

@katyperry
What do we stand for? How are we America, united... the beautiful? We should take a long look in the mirror, we need REAL change.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Hugh Jackman. GETTY IMAGES

Getting into Wolverine shape

Hugh Jackman admits he isn't afraid of stealing workout techniques from other actors — like Dwayne "The Rock" Johnson — if it means getting into tip top Wolverine shape.

"I know Dwayne and I rang him and said, 'Buddy, I saw you in the Tooth Fairy, and then I saw you in an action movie and you are massive. How do you do it?'" Jackman tells E! News. "Right as he's telling me the whole diet, someone knocked on his trailer door — and I'll never forget this moment. He goes, 'Hold on a second! I'm talking to Wolverine. You can tell them I said they can wait.'"

The Word

Divorce, arrests and bombings

STARGAZING
Malene Arpe
scene@metronews.ca

This week in diva suffering: 1) **Mariah Carey** dislocates her shoulder while shooting a video 2) Fans are upset that Madame Tussauds' **Adele** figure is too thin. 3) A reportedly inebriated **Rihanna** is escorted by security from a Polish music festival. 4) **Lauryn Hill** goes to prison to serve time for tax evasion. 5) **Lady Gaga's** new diet reportedly causes massive flatulence. 6) Ha-ha-ha-ha-ha.

• A dancer and student with the Winnipeg Ballet is dismissed after it's discovered he made gay porn. The administrators at the ballet were particularly upset over his work in Man Lake and Sleeping Barry.

• **Nigella Lawson's** husband files for divorce because he's annoyed she didn't come to his defense after he choked her in public. I don't blame him. It's just like that time when I stole my friend's car and then, when I accidentally ran him over, he wouldn't testify on my behalf.

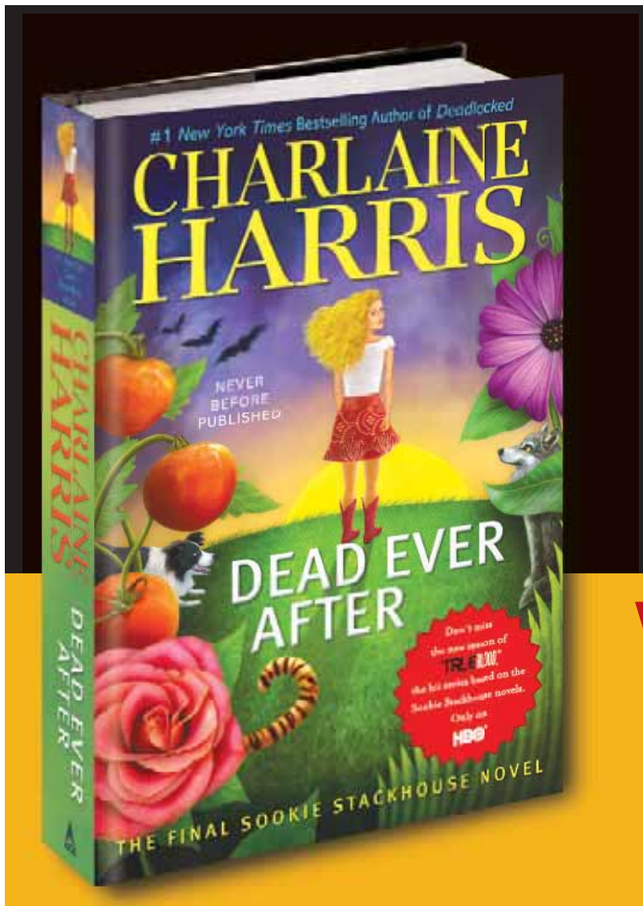
• A man is arrested at a **Taylor Swift** concert after posting threats on Facebook and because he carried a sign that read, "Taylor Swift is with Satan." Police said they take all threats seriously and, besides, "He's a liar. Everyone knows Satan prefers Selena Gomez."

• The Lone Rider bombs at the box office. That's too bad. We were all looking forward to **Johnny Depp** wearing an entire ostrich in the sequel.

TORONTO MOBILE VETERINARY SERVICES

Professional & friendly veterinary care all in the comfort of your own home!! We provide genereal, emergency and procedural services and much more!! **Open after-hours, weekends and holidays.**

Call 647.389.4VET (4838) OR visit **www.tomobilevet.com** for an appointment TODAY!!


#1 New York Times Bestselling Author of Deadlocked
CHARLAINE HARRIS
NEVER BEFORE PUBLISHED
DEAD EVER AFTER
THE FINAL SOOKIE STACKHOUSE NOVEL

THE FINAL SOOKIE STACKHOUSE NOVEL HAS ARRIVED

Thirteen years, countless mysteries, and plenty of heartache later, the book fans have been waiting for …

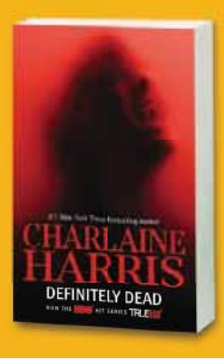
WIN A SOOKIE STACKHOUSE PRIZE PACK

Including True Blood® Season 5 DVD.

No purchase necessary. Terms & conditions apply.
For full contest details and conditions, visit **clubmetro.com**

THE NEW SEASON OF TRUEBLOOD SUNDAYS AT 9:00 PM HBO CANADA

HBO Canada℠ and its associated logos are service marks of Home Box Office, Inc. Used under license.



Look awkward, be safe

Faux tattoos help identify allergies

Just when you thought childhood awkwardness couldn't get any more … awkward, there's always something to take it to the next level.

This time around it's SafetyTats. The premise of the invention is to identify children's allergies or other vital information through temporary tattoos that can be applied anywhere on the body.

There are two different types of SafetyTats. The original ones, which are applied like regular temporary tattoos, come with standard allergy messages (such as "food allergy: nuts") and quick stick write-ons, which come in various neon colors, apply similar to a Band-Aid and allow users to write custom allergy messages.

"I remember going to an amusement park one weekend with my three kids and thinking 'I don't want to have to worry about them getting lost,'" said SafetyTats creator Michele Welsh. "I wrote my cellphone number on their arms with a ball point pen but eventually it rubbed off during the day and that's when I knew that I had to create something else."

The original safety tats last approximately three to five days depending on the activeness of the child. The quick stick write-ons last up to two weeks and are waterproof. COURTNEY M. FOWLER, METRO WORLD NEWS IN NYC

Exclusively Online

Reasons Mommy Drinks? This week, it's the local park's wading pool a.k.a. giant vat of pee. Read this and more hilarious mommy tales at metronews.ca/voices.

A boys with dustpans, girls on lawn mowers revolution

Gender roles. Our expert weighs in on a study that says siblings can have a large impact on gender stereotyping

IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

"Men with sisters appear to do less housework, even in middle age." A provocative and, I think, curious statement to make.

Yet, according to a paper published in the Journal of Politics, decades of data have led to this conclusion. The data suggest siblings can have as large an impact on gender stereotyping as parents can when running a home.

The report goes as far as to say that the roles of brother and sister can resemble those of husband and wife. (Frankly, the only way my kids resemble a husband and wife is in a Bickersons arguing sort of way.)

How to prevent this from happening in our own home? I'm thinking maybe we could start with the philosophy of "It's only work if you're not having fun." I say this, as due to my excellent parenting skills, (or admittedly by some strange fluke), I happen to have tricked my youngest son, 11, into thinking that housework is fun.

He routinely mops the kitchen floor, vacuums, and sprays glass cleaner on glass cleanable surfaces with wild abandon. He requested, and received, his very own toilet brush, that he also uses with surprising frequency. He does all of this ... for fun. In fact, the day that school ended he asked if he could mop as a sort of "welcome to summer holidays treat." I magnanimously let him.

He does have siblings (a brother and two sisters), none of whom would even pick up a duster unless it were on fire, and probably not even then unless I threatened to take their phones away.

Maybe the fact that there is another brother in the house counteracts the unintentional yet subliminal boy versus girl housecleaning message. Whatever the case, the theory doesn't seem to hold water in my house.

But if that's what the research shows for other families, maybe on the whole we need to do something about this, mostly to save our daughters, and our son's future partners from having to pick up the slack, and the dirty clothes, thanks to our own procreation of boys.

The study tells us that our kids are watching us — how we divvy up the chores we do as adults and how we assign chores to our children.

Does your daughter mow the lawn? Does your son set the table? Do you have "boy jobs" and "girl jobs" in your house? Take some time to mix it up this week. Unfortunately I can't lend my own son out, as the floors need cleaning at my house. KATHY'S NEW BOOK I AM SO THE BOSS OF YOU: AN 8 STEP GUIDE TO GIVING YOUR FAMILY THE BUSINESS IS AVAILABLE AT BOOKSTORES EVERYWHERE. FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH

According to one report, men with sisters appear to do less housework, even as they grow up. ISTOCK

Comfort Tour
USA TOURS INCLUDE ROUND-TRIP, CITY TOURS, 3 BREAKFASTS, 3 NIGHTS HOTEL
4 DAYS NEW YORK
JUL 25, AUG 2, AUG 8, AUG 15, more dates available online
TOUR PACKAGE $598* TAXES INCL.
4 DAYS WASHINGTON
JUL 18, AUG 2, AUG 29, SEP 19, more dates available online
TOUR PACKAGE $598* TAXES INCL.
4 DAYS BOSTON
AUG 15, AUG 29, SEP 12, SEP 26, more dates available online
TOUR PACKAGE $598* TAXES INCL.
4 NIGHTS LONDON 4 NIGHTS PARIS
SEP 5, SEP 19, OCT 10
TOUR PACKAGE & FLIGHT $1,978** $526.16 TAXES
4 DAYS CHICAGO
AUG 15, AUG 29, SEP 12, SEP 26, more dates available online
TOUR PACKAGE $598* TAXES INCL.
3 DAYS MONTREAL QUEBEC OTTAWA
JUL 19, JUL 26, AUG 3, AUG 9, more dates available online
TOUR PACKAGE $398* $51.74 TAXES
* ALL PRICES ARE PER PERSON BASED ON DOUBLE-OCCUPANCY
** LOWEST FARE SHOWN
Comfort Tour Inc. 90 Sherbourne Street, Suite 101, Toronto, ON M5A 2R1, Canada
Tel: 416-642-0372 Toll-free: 1-866-213-0371 WWW.COMFORTTOUR.CA
No. 50013488

A picnic just isn't a picnic without Greek Pasta Salad

KAREN HUMPHREY
YummyMummyClub.ca

This salad is packed with vegetables and lightly kissed with a home made balsamic dressing so it's light and fresh.

Ingredients

- 2 cups bow tie pasta
- 1 cup halved grape tomatoes
- 1/4 cup thinly sliced red onion
- 1 cup chopped cucumber
- 1/2 sweet yellow pepper, seeded and chopped
- 1/2 sweet red pepper, seeded and chopped
- 4 oz feta cheese, crumbled
- 1/4 cup black olives, sliced
- 2 tbsp chopped fresh dill

Dressing

- 3 tsp balsamic vinegar
- 2 tbsp olive oil
- 1/4 tsp honey
- salt and pepper
- squirt mustard

This recipe serves four. KAREN HUMPHREY OF YUMMYMUMMYCLUB.CA

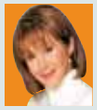
1. In pot of boiling salted water, cook pasta according to package directions. Drain and rinse with cool water. Set aside.

2. Toss pasta with tomatoes, onion, cucumber, peppers, feta, olives, and dill.

3. Measure dressing ingredients in a mason jar. Screw on lid and shake until everything is well mixed together. Drizzle over pasta and toss. You don't have to use all the dressing. Add salt and pepper to taste. Serve right away or chill for about an hour before serving. **YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP WOMEN SURVIVE MOTHERHOOD.**

Healthy eating

Choose it and lose it



ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

What says summer more than wings and beer on a patio? Not a whole lot. But be prepared for a lot of calories, fat and sodium if you sip and bite into the wrong choices.

4 pints beer, 15 breaded Pizza Hut wings with honey barbecue sauce

2,540 calories / 90 g fat / 4,280 mg sodium

It will cost you more than a day's worth of calories and fat, and three days' worth of sodium!

Equivalent

Four pints of beer and 15 breaded Pizza Hut wings with honey barbecue sauce are equal in calories to four whole Swiss Chalet chickens.

2 pints light beer, 15 traditional Pizza Hut wings with garlic Parmesan sauce

850 calories / 39 g fat / 2,150 mg sodium

These wings are baked, not fried.

BioPharma Services Inc.

Are you a healthy, non-smoking male or female 18 years of age or older?

- Free of daily medications?

If so, you may be eligible for our upcoming clinical research studies.

- We conduct weekday as well as weekend studies.
- Compensation may range from $900 to $2650 depending on the length of the study.

CALL: 416-747-5246
TOLL FREE: 1-866-747-5246
Mon to Fri 8-6
www.biopharmaservices.ca

Meat mingles with fruit

This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

1. Heat the grill to medium. Heat the oven to 400 F.

2. While grill and oven heat, in blender combine half feta, lemon juice, buttermilk and olive oil. Blend until smooth. Season with pepper, then stir in remaining feta. Set aside.

3. Split each pita pocket into 2 rounds. Spray rough sides lightly with cooking spray, then sprinkle with salt. Cut each round into 8 triangles. On rimmed baking sheet arrange triangles in single layer. Bake on middle shelf of oven until golden and crisp, about 8 minutes. Set aside to cool.

Ingredients

- 4 oz feta cheese, crumbled
- 1 tbsp lemon juice
- 1/3 cup buttermilk
- 1 tbsp extra-virgin olive oil
- Ground black pepper
- Two 6-inch whole-wheat pita pockets
- Olive oil cooking spray
- Kosher salt
- 1-lb pork tenderloin, trimmed
- 3 cups arugula
- 1/2 cup thinly sliced red onion
- 1/2 cup each fresh mint leaves and cilantro leaves
- 2 cups cubed and seeded watermelon
- 1 cup cubed seedless cucumber

4. Spray pork with olive oil spray, season with salt and pepper. Grill directly over heat, turning it a quarter turn at a time, until thermometer inserted at thickest part registers 145 F for medium, about 6 minutes per side. Transfer to plate, cover it loosely with foil and let it rest for 10 minutes.

5. In bowl, combine arugula, onion, mint, cilantro, watermelon and cucumber. Add pork juices from resting pork to the feta dressing, whisking to incorporate. Place mound of the salad on 4 plates. Slice pork crosswise into rounds 1/2 inch thick and arrange quarter of the slices on top of each mound of salad. Drizzle dressing on top of pork then divide pita croutons between plates. **THE ASSOCIATED PRESS/ SARA MOULTON, AUTHOR OF SARA MOULTON'S EVERYDAY FAMILY DINNER.**

Come for a cold one, stay for the sites: Beer can mean big business for cities

Happily ever crafter?
The transformation of a once-forgotten neighbourhood in Cleveland paints a picture of the way in which breweries can bring on a boom. But revival can have a price

Brewer Joel Warger tends to a batch of beer in the Great Lakes Brewing Co. in Cleveland's Ohio City neighbourhood. In rundown urban neighbourhoods across the country, craft breweries like Great Lakes helped transform the neighbourhoods around them, drawing young new residents and other small businesses. ADRIAN WYLD / THE CANADIAN PRESS

To see how a small business can transform a neighbourhood, just follow the barrels.

About 30 years ago, beer lovers wanting to create their own drinks started taking over abandoned old buildings in rundown city districts, refitting them with tanks, kettles and casks, and churning out beer.

The byproduct was a boom in craft beer drinkers: Barrels shipped have more than doubled in the past decade, according to trade publication Beer Marketer's Insights.

But beer drinkers weren't the only beneficiaries. The arrival of a craft brewery was also often one of the first signs that a neighbourhood was changing. From New England to the West Coast, new businesses bubbled up around breweries, drawing young people and creating a vibrant community where families could plant roots and small businesses could thrive.

It happened in Cleveland. Once an industrial powerhouse, the Rust Belt city has been losing residents since the 1950s. Manufacturing jobs disappeared. The city nearly went bankrupt in 1978.

Marred by abandoned buildings and boarded-up stores after several hard decades, the downtown Ohio City neighbourhood, just west of the Cuyahoga River, which divides Cleveland, was "perceived as dangerous and blighted" into the 1980s, says Eric Wobser. He works for Ohio City Inc., a non-profit that promotes residential and commercial development while trying to preserve the neighbourhood's older buildings.

Enter Great Lakes Brewing, which opened in 1988. Over the years, it's built a brewery and a brewpub from structures that once housed a feed store, a saloon and a livery stable.

Raise a glass to revitalization

"We resurrected all of them. We've beautified the neighbourhood, provided a stunning restoration."

Pat Conway, founder of Great Lakes Brewery, on transforming abandoned buildings into company quarters

"We resurrected all of them," says Pat Conway, who founded Great Lakes with his brother, Daniel. "We've beautified the neighbourhood, provided a stunning restoration."

Other breweries and businesses — a pasta maker, a bike shop, a tortilla factory, as well as restaurants and bars — followed. Newcomers are flocking to the neighbourhood, even though Cleveland's overall population is still declining. The city repaved the quiet street next to the brewery, Market Avenue, with cobblestones, and poured millions into renovating the West Side Market, whose origins date back to the 19th century.

Today, more than 100 vendors sell produce, meat, cheese and other foods there. What's going on in Cleveland is happening across the country.

Trendy small businesses like breweries and younger residents have been returning to downtown neighbourhoods in many cities across the U.S. The biggest cities are growing faster than the suburbs around them, according to census data.

Another benefit of the brewery boom: Manufacturers like brewers typically pay workers more than service businesses like restaurants or shops do. That's good for local economies.

But for some, the bubbles are bursting. In Brooklyn, N.Y., breweries are feeling the heat from rising real estate costs.

When Brooklyn Brewery opened in the Williamsburg section of the borough in 1996, its neighbours were mostly deserted warehouses and factories. Today, Brooklyn Brewery is surrounded by modern apartment buildings, trendy bars, shops and restaurants. There's still some graffiti, but that hasn't deterred the influx of new residents willing to spend a lot of money to live there. In the past decade, home values in the Brewery's neighbourhood have more than doubled — up 145 per cent, according to real estate appraiser Miller Samuel.

Rising prices might force Brooklyn Brewery to exit the trendy scene it jump-started. It has two buildings in Williamsburg, the brewery and a building across the street where it stores and ages its beer. Leases are up in 2025, and Brooklyn Brewery's co-founder and president, Steve Hindy, is already worried that the company will get kicked out of its warehouse. Once an iron foundry, the building, built in 1896, has been bought by developers who Hindy says won't renew the lease. He suspects that they want to convert the space into apartments.

The landlord, Solomon Jacobs, says he doesn't yet know what's going to happen with the lease.

But Hindy is already scouting other, cheaper neighbourhoods in Brooklyn.

"We sowed the seeds of our own demise here," Hindy says.

THE ASSOCIATED PRESS

CREDIT CHAMPS
MATT
BEN
ROUND 1
Give us a call at 1-877-264-3158. We'll start working on your car loan faster than you can say "Knock Out!"
ROUND 2
It's Fast. We have your approval covered. We work faster and harder than anyone else you get your credit approved.
ROUND 3
It's Hassle Free. If you have past credit problems, we work with and the financial institution to find the best solution for you.
WE KNOCK THE BANKS TO THE ROPES FOR YOU!
200 PLUS CARS IN STOCK
AUTO FINANCING? ASK THE CHAMPS!
WE CAN APPROVE YOU FOR AN AUTO LOAN FOR A USED CAR AT AN AFFORDABLE RATE, REGARDLESS OF YOUR PAST OR CURRENT CREDIT SITUATION!
CALL US: 1-877-264-3158
WEBSITE: WWW.CREDITCHAMPS.CA

Puff, the magic productivity-killer

Cough up the coin.
The cost of smoking doesn't end with the ever-increasing price of a pack of cigarettes

COURTNEY M. FOWLER
Metro World News

In a world where time is money, smoke breaks can quickly add up. ISTOCK

No matter how you look at it, smoking is expensive — beyond the actual pack of smokes, treatment expenses and health care for smokers often break the bank.

A new study from Ohio State University shows another way that smoking has become a burden: through those little bits of time smokers use to light up.

According to the June study, employing smokers will cost employers upward of $5,800 per smoker, per year. The costs due to loss of productivity because of periodic smoke breaks is more than $3,000 per smoker, per year. Attorney Gregg Salka, of the law firm Fisher & Phillip, represents employers who are concerned that employing smokers is bad for business.

As a representative for the employers, what are your biggest concerns about employing smokers?

Employers that have employees who take breaks in increments of five to 20 minutes throughout the day; if those employees are hourly, they need to be compensated. So I'm assuming that would decrease productivity just as someone who's browsing Amazon or posting on Facebook.

Is there anything else you'd like people to know about smoking and work-place productivity?

I think (employers) should really treat all their employees the same, regardless of whether they're smokers or non-smokers or Facebookers or non-Facebookers. An individual who is taking a break away from working time for whatever reason should be treated and disciplined the same.

Solutions?

What are some of the direct actions employers are planning to take with regard to the costliness of accommodating smokers and their breaks?

- "The best bet for employers is probably to institute some sort of a wellness program to reduce the overall likelihood that individuals will continue to smoke," says attorney Gregg Salka.
- "Your costs will go down because your employees will be healthier, and they'll presumably be smoking less and working more. There are also subsidies that are available under the Affordable Care Act (in the U.S.) in certain situations for employers that implement such wellness programs, so that's another way to recoup some of the costs that are associated with smoking issues."

Up to $50,000 in Bursaries Now Available!
Financial Assistance May be Available to Those Who Qualify!
Second Career Training Funding
The government provides qualified candidates with education funding to train them for a better career, the grant can be up to $28,000 and covers tuition, book fees, transportation and some living allowance. Call us now to see if you are qualified.
Health Care
• Personal Support Worker*
• Community Service & Support Worker*
• Medical Office Assistant*
• CPR & First Aid
*with Internship
Law & Legal
• Paralegal with Internship
• Law Clerk with Internship
• Legal Office Assistant
• Police Foundations
IT & Home Inspection
• Network Administrator
• PC Support Specialist
• Computer Service Technician
• Web Designer
• Home Inspection Diploma
• Home Inspection Certificate
Accounting & Business
• Accounting and Payroll
• Business Administration
• Project Administrator
• Conference and Event Planner
• Administrative Assistant
We Speak Your Language – Career Consultation Provided In: English, Français, हिंदी, मराठी, ગુજરાતી, Español, Portugues, 国语和粤语, Română, Русский & فارسي
Academy of Learning College
Bay/Bloor Campus
FREE Tax Filing Services (CRA Approved)
416-840-3364
416-969-8845
WWW.AOLTORONTO.COM
DOWNTOWN TORONTO (Bay/Bloor) 1255 Bay Street, Suite 600, Toronto, Ontario M5R 2A9
Academy of Learning Career & Business College (Bay/Bloor) is registered as a Private Career College under The Private Career College Act 2005 and is operated by 1861935 Ontario Inc.

ROBETECH INSTITUTE
Training Healthcare Professionals Since 1988
Become a Health Care Professional within a Year!
Most Diploma Programs Have Practicum!
• Medical Laboratory Technician
• Early Childcare Assistant
• ECG/Phlebotomy Technician
• Physiotherapist/Occupational Therapy Assistant
• Esthetics
• Personal Support Worker
• Physiotherapist Assistant
• Medical Office Assistant
• Occupational Therapist Assistant
Financial Assistance May Be Available to Those Who Qualify!
Are you Eligible for Second Career Funding? Call to Find Out!
Medical Laboratory Technician/OSMT Approved
Medical Professionals May Qualify for Credits for Prior Learning
Call: 416 365 7894
416 466 6107
E-mail: study@robetech.com
www.robetech.com
Robetech Institute Inc. is a Registered Private Career College unter the PCC Act 2005

4 SPORTS

Track and field

Sprinters test positive for banned stimulants

Former 100-metre world-record holder Asafa Powell and Jamaican teammate Sherone Simpson have each tested positive for banned stimulants, their agent told The Associated Press.

Powell and Simpson tested positive for the stimulant oxilofrine at the Jamaican championships last month and were just recently notified, Paul Doyle said Sunday, with their provisional ban effective immediately. The news came the same day that American 100-metre record holder Tyson Gay revealed that he also failed a doping test.

These doping positives come a month after another Jamaican Olympic champion, Veronica Campbell-Brown, tested positive for a banned diuretic.

THE ASSOCIATED PRESS

MLS

Toronto FC cuts captain O'Dea

Toronto FC has parted ways with captain Darren O'Dea in another move to clear space under Major League Soccer's salary cap.

The club was without O'Dea for Saturday's 3-0 loss to Sporting Kansas City as the team finalized the defender's transfer to a team in Ukraine.

After the game, manager Ryan Nelsen explained that shedding O'Dea's hefty contract — in the $450,000 range — would free up TFC's options. THE CANADIAN PRESS

Scott Dixon crosses the finish line to win Sunday's Toronto Indy race. MARK BLINCH/THE CANADIAN PRESS

Dixon cleans up on Toronto's streets

IndyCar. New Zealander sweeps weekend's doubleheader to move within 29 points of circuit leader

Championships aren't made in a week. They are spread out through a season that involves poor finishes, mechanical problems and collisions.

But if Scott Dixon wins the IndyCar drivers' championship this year, he can point to an outstanding week that was capped with Sunday's dominant performance at the Honda Indy Toronto.

Dixon started from the pole and led for all but four of the 85 laps to win on the 1.75-mile street course at Exhibition Place, sweeping both races at the weekend doubleheader.

The victory was also the 32nd of his career, good for seventh all-time, and made Dixon the winningest active driver in IndyCar. Dixon said he never would have expected to have that many wins when he made his debut in 2003.

"I tried to just concentrate on it on a day-by-day basis, week-by-week," he said. "I would have wished some of those were a couple more 500s and a few more championships. But that's the way it's gone. We'll keep digging, trying to improve on that. It's cool to be on that list and moving up it."

Dixon now has three straight wins after he won at Pocono last week and is second overall in the overall standings, just 29 points behind Helio Castroneves. Castroneves, who has never won a championship or won in Toronto, finished second, followed by Sebastien Bourdais. THE CANADIAN PRESS

The Canadian contingent

A stuck throttle peddle kept James Hinchcliffe from getting on the starting grid when Sunday's race began.

- By the time the fix had been made the Oakville, Ont., native was four laps behind the leaders and had to settle for a 21st-place finish.
- Alex Tagliani of Lachenaie, Que., tied a season-high 10th.

Powerful Oriole ruffles Blue Jays' feathers

With one final power surge before the All-Star break, Chris Davis earned himself a place in baseball's record book and generated momentum for the Home Run Derby.

Davis hit his 37th home run to tie the AL mark prior to the break, and the Baltimore Orioles cruised past the Toronto Blue Jays 7-4 Sunday.

Davis doubled in two runs in the first inning and hit a two-run homer in the third to give him 93 RBIs, second-most in the majors behind Detroit's Miguel Cabrera. He and Cabrera are the only players in major-league history to have 30 homers and 90 RBIs before the All-Star game.

By going deep in a fourth straight game, Davis equalled Reggie Jackson's AL mark of 37 homers before the break, set in 1969. The major-league record is 39, by Barry Bonds in 2001.

Davis has already reached career highs in home runs and RBIs with 66 games left in the regular season.

"I think it's something definitely to be proud of," Davis said. "It means I've been doing my job, but it also speaks volumes about the guys in front of me getting on base and really swinging the bats well."

THE ASSOCIATED PRESS

On Sunday

Orioles	Blue Jays
7	4

The Orioles' Chris Davis follows through on his 37th home run of the season against the Blue Jays on Sunday in Baltimore. GAIL BURTON/THE ASSOCIATED PRESS

Service Directory/Apartment Finder

To advertise contact Ian March at 416-443-4388

FINANCIAL

OVERWHELMED BY DEBT?

CALL THE Licensed Debt Professionals™

GET OUT OF DEBT!

- Avoid Bankruptcy
- 1 Low Monthly Payment
- No Interest Charges
- Stop Collection Calls
- Government Licensed Proposal Administrators

David Sklar, C.A., CIRP, Trustee

FREE Consultation 310-9200

(NO AREA CODE NEEDED)

DAVID SKLAR & ASSOCIATES INC.
Licensed Proposal Administrators & Trustee in Bankruptcy

HEAD OFFICE: 245 FAIRVIEW MALL DRIVE, SUITE 720, TORONTO, ON, M2J 4T1
NORTH YORK • TORONTO • PICKERING / AJAX • MISSISSAUGA / ETOBICOKE • BRAMPTON

For more information visit us online at **www.DavidSklar.com**

CALL ERIKA
(LICENSED DEBT EXPERT)

STOP COLLECTION CALLS
GET DEBT RELIEF NOW!

Reduce or Eliminate Tax Debt too.
Stop Garnishments and Court Actions
Debt Proposals, Debt Counselling, Avoid Bankruptcy
Call NOW to talk with a Government-Licensed Expert
Low income? No problem! Ask about our affordable, very low fee to get Debt-Free.
We're here to help. Friendly, Caring Professionals.
Free consultation. Same day appointments.

1-877-332-8416
416-288-8048

Scarborough (Main office), Weston, Brampton, Oshawa, Mississauga (Pt Credit)

Rusinek & Associates Inc Trustee in Bankruptcy
www.rusinek.ca

LOWEST Bad Credit Rates since 1984

Need a loan?
Fast Same Day Loans

PFS

Personal loans → Up to $5000 (1 yr on job; $16/hr.min.req.)
Car paid off? → Up to $20,000 (6 yrs or newer)
Open loans. → Pay off early. Get refund.

416-634-2013 Prudent Financial Services
PrudentLoanApprovals.com

CREDIT PROBLEMS?

REDUCE YOUR DEBTS & SLEEP WELL

Consolidate All Your Debts Into
One Small Monthly Payment & Pay NO Interest

EMPIREONE CREDIT SOLUTIONS

WE OFFER FREE CREDIT CHECKS
FREE ONE ON ONE CONSULTATION
416-900-2324
www.empireonecredit.com

BBB ACCREDITED BUSINESS

SCARBOROUGH
250 Consumers Rd. Suite 810
OSHAWA
286 King St. W. Suite 303
NORTH YORK
1111 Finch Ave. W. Suite 207
MISSISSAUGA
165 Dundas Ave. W. Suite 307

LEGAL

rashottelegal

AFFORDABLE
Legal Services

Landlord/Tenant, Small Claims, Immigration, Highway Traffic, Provincial Offences, and more...

416.549.1614

FREE CONSULTATION

rashottelegal.com

APARTMENT FINDER

FACING DUNDAS WEST SUBWAY STATION

BACHELOR STARTS FROM $829
1 BDRM STARTS FROM $1019
2 BDRM STARTS FROM $1399

A/C / Indoor Pool / Indoor Mall Management On-site
24hrs security / Utilities Incl.
2340 Dundas St. West

416-532-3331

FINANCIAL

DEBT RELIEF

Are you drowning in debts?
Let us help you...

- consolidate debts, low monthly payments
- stop harassing creditors, collection calls and garnishments
- settle your debts without a bankruptcy
- reduce the amount to pay back, no interest

NONA KUMAR
Estate Administrator
Credit Counsellor

Free Consultation: 416.455.7709

RUMANEK & CO. LTD.
Administrators of Proposals, Trustee in Bankruptcy & Debt Consolidation Arrangements:
Head Office in North York, ON. Offices in Scarborough & Mississauga. Tel: 416-665-DEBT

MORTGAGE APPROVED!

- 1st and 2nd Mortgage for any purpose.
- Refinance to 87%. Purchase to 95%.
- With rates at historic lows, now is the time to re-finance your home!
- Consolidate cards into 1 payment
- Self-employed? Stated income.
- Good and bad credit are welcome!
- Behind in Mortgage Payments?

WE CAN HELP!
HOMELAND MORTGAGE
416-519-3505 OR 647-273-5626
WWW.HOMELANDMORTGAGE.ORG

License # 11991

PSYCHIC

World Spiritual Astrologer & Psychic
Pandit: SAI GURU
HE CAN HANDLE IMPOSSIBLE PROBLEMS
Business, Love, Marriage
Education, Sexual, Health
Husband-Wife Relationship
Children, Personal Etc
100% Guarantee
Remove Black Magic & Gives Protection
647-657-3399
3069 Hurontario St., Mississauga
LEA 209 (Hwy 10 & Dundas)

PSYCHIC SPIRITUAL ADVISOR MONA

I restore luck and happiness and will call out your friends and enemies by name. I will tell you your past as it was, your present as it is, and your future as it will be. 40 years experience. Superior to all others.
CALL FOR 1 FREE QUESTION!

416-222-8201
9am-9pm
Yonge/Finch

INDIAN FAMOUS ASTROLOGER
Pandit: Jagadish
Marriage, Business
Job, Children, Health
Depression, Love
Court, Sexual Etc
I CAN HANDLE ANY PROBLEM
100% Guarantee
REMOVE BLACK MAGIC IN 2 DAYS & GIVES IMMEDIATE PROTECTION
647-532-8224 Keele & Finch
1290 Finch Ave. W, #23, North York

Sri Kali Astrologer
PANDIT: RAM MUKHIYA JI
ADIVASI TRIBAL CHIEF & PUJARI
Solves Problems like Job Enemy, Family, Love, Money Health Etc with ONE VISIT
Removes Black Magic, Jadoo, Voodoo & Gives 100% Protection
416-464-2491
1048 Albion Rd (Albion & Islington)

Famous Indian Astrologer
Pandit: Jagannath Guruji
Solves Problems like Business, Work, Depression Divorce, Health, Kids etc
100% Guarantee
Removes Black Magic, Jadoo, Voodoo, Jin & Gives 100% Protection
647-284-1693
1025 Markham Rd, #201 (Markham & Ellesmere)

Unique Indian Famous Astrologer
Pandit: Shivaji
Excellent Master in Removing Black Magic Voodoo, all Evil Spirits
Specialist in Bringing Back Loved one's
He helps Bringing Financial Happiness, Health Protection, House Protection and Good Luck
100% Guarantee
Solutions to all Problems
416-300-0925
(Kennedy & Ellesmere)

Mr SHERIFF
African Spiritualist Healer
35 Years Experience
Fields Include: Reuniting Lovers. Solve Family Problems, Remove Black Magic & Witchcraft, Protection against Evil spirits & Enemies, Help with court issues, Sucess in Business or Career, impotency Etc.
"Mr Sheriff's Healing Power changed my Love Life Completely" - Careen, Toronto
Call: 647-855-3910
PAYMENT AFTER RESULTS
email: sheriffhealer@hotmail.com English & French

Mr. IBRAHIM
AFRICAN PSYCHIC MEDIUM
I can help you out of despair.
Reunite lovers forever
Happy Marriage.
Stop divorce, stress & depression.
Success in business.
Court cases.
Protection against evil.
Remove bad luck.
Hopeless cases.
OVER 27 YEARS EXPERIENCE
QUICK RESULTS
BY APPT. **416-783-3910**

SRI RAGHAVENDRA ASTROLOGICAL BUREAU
Pandit: Ravi Shankar
Face, Planet, Palm, Horoscope & Vastu
Solution to all Kinds of Problems
Removes Black Magic, Evils Spells, & Spirits
Voodoo, Obeya, Katteri
Pilli Soonyam
& Kaki Soonyam
HE GIVES 110 YEARS LIFE LONG PROTECTION
647-924-7249 / 647-764-9199
7986 #7A Airport Rd, Mississauga (Airport & Derry) Airport Rd N

@metrotoronto

metro

Reduce Debts / No Interest
FREE & PRIVATE CONSULTATION

CityCredit
Your City, Your Credit™

416-800-9550
www.citycreditsol.com
Direct Subway Exit

Toronto (Yonge & Bloor)
2 Bloor Street West Suite 1900

North York (Jane & Finch)
1911 Finch Ave West (Inside Mall)

EMR DEBT SOLUTIONS
Up to 90% debt reduction

We GUARANTEE to beat anyone's offer by 50% or we work for FREE*
Pay ZERO INTEREST
• Trustee's Represent Your Creditors
• We Deal With All Debts'
• Home Service Available

Mississauga • North York • Midtown • Scarborough
416-424-1510
www.emrdebtsolutions.com
*Some conditions may apply at EMR Debt Solutions

MoneyProvider.com
$500 Loan and more
No credit refused
Fast, easy and secure
1-877-776-1660
www.moneyprovider.com

JOB OPPORTUNITIES

Full-Time Positions Available for Shipper/ Receiver, Industrial Cook, and Admin/Accounting for Mississauga Food Manufacturer.

Please send resume to slcareers4@gmail.com or by fax to 905-270-9293

Horoscopes

Aries
March 21 - April 20
You may not be a peacemaker by nature but you can help defuse an explosive situation by standing between the warring parties and insisting that they cool down.

Taurus
April 21 - May 21
The only danger this week is that you might give up on something before you have really started. However difficult the task ahead of you may look it is not impossible and failure is not a foregone conclusion.

Gemini
May 22 - June 21
You may sometimes act as if you don't care about what's going on in the world but you do and over the next few days you will find ways to make a difference.

Cancer
June 22 - July 23
Listen to your head by all means today but let your heart have the last word. Your emotions run deep and someone is about ignite your passions in a way they have not been ignited for quite some time.

Leo
July 24 - Aug. 23
As it's the first day of a new week why not put your troubles behind you completely? Is that actually possible? Of course it is. Your reality is a reflection of what goes on in your mind.

Virgo
Aug. 24 - Sept. 23
Whatever you are working on you can and you will make a success of it, even if you make a few mistakes in the short-term. It's no big deal.

Libra
Sept. 24 - Oct. 23
You have been through a stressful time of late, so wind down a bit and find ways to have fun without pushing yourself too hard physically or emotionally. Be kind to yourself today, and every day.

Scorpio
Oct. 24 - Nov. 22
You deserve the best and you will get the best but it may not arrive quite as quickly as you expected. That's okay. The longer you have to wait the better the taste of success will be.

Sagittarius
Nov. 23 - Dec. 21
What worried you yesterday is not what will worry you today and what worries you today won't be what worries you tomorrow. Which begs the question: why worry at all?

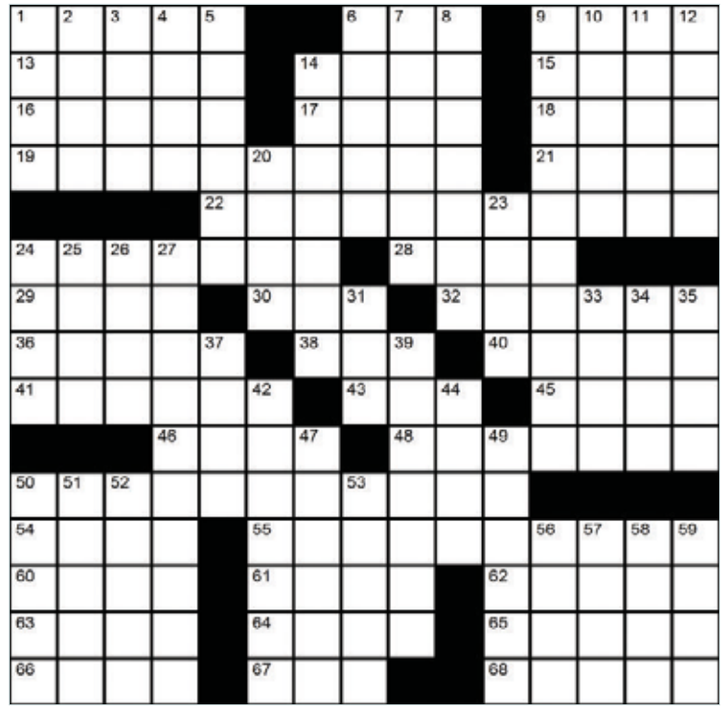
Capricorn
Dec. 22 - Jan. 20
Don't just assume that someone knows how much you care for them: spell it out so there can be no misunderstandings. Capricorn may have a reputation as being a bit of a cold fish but it's not true. You're really all heart.

Aquarius
Jan. 21 - Feb. 19
You may be behind in your schedule and you may be worrying how you can catch up but is there really any point? You know from experience that it will all work out in the end.

Pisces
Feb. 20 - March 20
It will pay you to be a bit more forgiving of people who have let you down or who do not come up to your exacting standards. SALLY BROMPTON

Crossword: Canada Across and Down

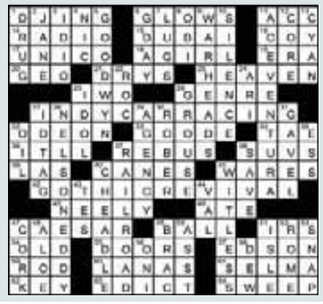
See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1. Beach 'hermits'
6. Li'l food†additive
9. Mr. Belushi's
13. Pale purple
14. Remorseful person
15. Miss _ __ (Don't appear on stage on time)
16. Ancient Greece marketplace
17. Feminizing suffix
18. Donny of "Happy Days"
19. Huge pool park's fun chute
21. Put a sock __: 2 wds.
22. "The ___ Canada", on CTV starting tonight
24. "Curious" band from New Glasgow, NS
28. Pianist, Peter __
29. Stead
30. Emerald
32. Actress Ms. Welch
36. Rectify
38. T, in Morse
40. Many
41. __ bliss
43. Romanian currency
45. Some small batteries
46. Ancient's "Awesome!"
48. Versus
50. Prehistoric rock carvings, as per __ Provincial Park in ON
54. Chopped
55. Rapper from Enfield, NS
60. Calif. campus
61. Habilis or Sapiens
62. Like crafts
63. Peddle
64. "Out __ __?"
65. Quebec's __ Peninsula
66. Besides that
67. Pallid
68. Go __ __... (Be repetitive)

Down
1. Cat's clutcher
2. Latvia's capital
3. Quite often: 2 wds.
4. Unadorned
5. Ancient Egypt's sacred beetle
6. "Malcolm in the Middle" star Frankie
7. Songbook standard: "__ the Clowns": 2 wds.
8. Like a more lush-looking lawn
9. "Virtual Insanity" band
10. "I Love It": Hit for Swedish pop duo __ Pop
11. Radio fare
12. Seven, in Sicily
14. Not uptight
20. City's cloudiness
23. 'Tele' suffix
24. Restaurant side order
25. I like = J'__
26. INXS hit: "What You __"
27. Premier of Newfoundland and Labrador, Kathy __
31. Prefix that means 'Bad'
33. __ Bator (Capital of Mongolia)
34. 7th Greek letters
35. Grocery-shopping reminder
37. Early-'80s group
39. Generously piles the food to the plate: 2 wds.
42. Purina product: 2 wds.
44. Cousins of 'yucks'
47. UNESCO World Heritage Site in India, __ Caves
49. Certain cheese
50. Hesitate
51. Gum brand
52. Recites
53. "American Idol" Season 5 alum, Elliott __
56. "The Nanny" star Ms. Drescher
57. "__ _ miracle!"
58. "SportsCenter" station
59. Bottled hair, like it

Friday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

		4				8		
					4		7	6
1	8		2	5				
							9	2
7	2	1				3	8	4
6	9							
				2	9		4	3
3	1		7					
		7				5		

Friday's Sudoku

8	4	2	9	6	1	3	5	7
1	6	7	8	5	3	4	9	2
5	3	9	4	7	2	8	1	6
9	5	8	2	1	6	7	3	4
6	7	4	3	9	8	1	2	5
3	2	1	5	4	7	6	8	9
7	9	5	1	8	4	2	6	3
4	8	3	6	2	9	5	7	1
2	1	6	7	3	5	9	4	8

Today
31°/23°
Partly cloudy

Tuesday
31°/24°
Partly cloudy

Your #1 weather forecast now available in HD.
Check your local listings for details.
The Weather Network HD

©The Weather Network 2013

visit metronews.ca

metro

get your first pair of glasses free

VISIT: clearlycontacts.ca/free-glasses USE CODE: **FPF**

—HURRY—
Offer ends July 31, 2013

GETTING YOUR FREE PAIR IS EASY, HERE'S HOW:

1. CHOOSE ANY FRAME FROM OUR ELIGIBLE CATEGORY
2. ENTER YOUR EYEGLASSES PRESCRIPTION DETAILS.
3. USE CODE: **FPF** TO GET YOUR FREE GLASSES!

Air 1.59 index lenses for single vision or reading included.

ClearlyContacts.ca™

See site for full details